

KOKRAJHAR GOVT. COLLEGE, KOKRAJHAR

National Service Scheme (NSS)

Motto: Not Me, But You!!!

ANNUAL REPORT

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Prepared By-

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About NSS, Kokrajhar Govt. College, Unit

National Service Scheme (NSS) is an educational programme with primary focus on the development of personality of students through community service.

As a part of the National Service Scheme, the NSS unit of College was established in the year 1971. By this time the unit launched many developmental projects and successfully executed them for the development of roads and communication in interior places of the district. With a mission to render Social services students are welcome to join the NSS.

The motto or watchword of the National Service Scheme is: **‘NOT ME, BUT YOU’**. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person’s point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day programme.

The NSS unit of Kokrajhar Govt. College has enrolment of 100 Volunteers for the academic session 2022-23. The activities and programs of NSS Unit of Kokrajhar Govt. College aim the overall development of the students.

The NSS unit of Kokrajhar Govt. College, Kokrajhar is led by Mr. Danswring Basumatary, NSS Programme Officer & Assistant Professor, Department of Zoology.

A brief outline of the activities conducted during the period of September, 2022 - August, 2023 is given below-

Report on Cleanliness Drive

Occasion	: “Kokrajhar Govt. College Campus Cleanliness Drive”
Date	: 07 th December, 2021.
Venue	: Kokrajhar Govt. College Campus.
Objectives	: The main Objective of the program was maintaining clean college Environment, as cleaning is important for the health and safety.
Outcome	: 81 NSS Volunteers and 06 Teachers were present in the Cleanliness Drive.
No. of Participants	:
1. NSS Volunteers	: 81
2. Teachers	: 06

A college campus cleaning program was organized on 07th December, 2021 at around 2:00 pm. The program organized by NSS volunteers, Kokrajhar Govt. College, Unit in collaboration with Kokrajhar Govt. College Students’ Union (KGCSU).

The principal of Kokrajhar Govt. College, Dr. Banabina Brahma, instigated the cleanliness drive by delivering a short speech about the roles and duties of NSS volunteers in the society.

The cleanliness drive program started at 2:00 P.M and ended at 5:00 P.M. The program was a grand success as near about 80 students and 6 teachers have participated in the cleanliness drive program.

Photos of Cleanliness Drive



Report on Fit India Freedom Run, 2021

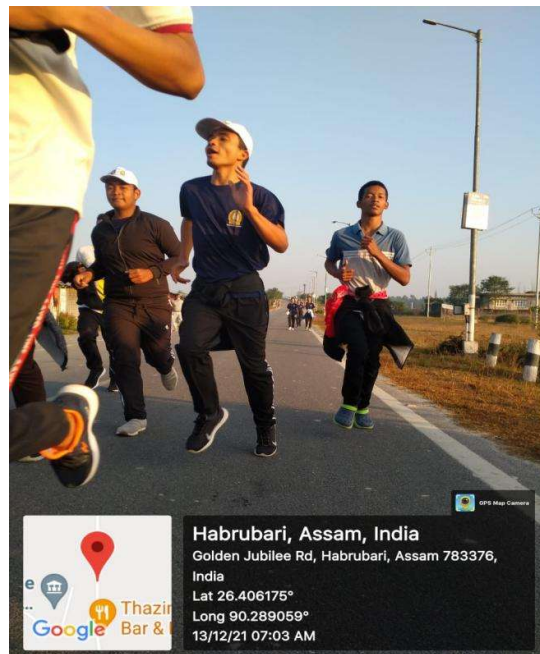
Occasion	: Fit India Freedom Run, 2021.
Date	: 13 th December, 2021.
Venue	: Kokrajhar Govt. College Campus to New Flyover, Kokrajhar
Objectives	: The main objectives of Fit India Freedom Run was to encourage people to take up fitness activities like running and sports in their daily lives in order to get freedom from laziness, obesity, stress, anxiety and diseases.
Outcome	: 72 NSS Volunteers with 04 Teachers were present in the Run..
No. of Participants	:
1. NSS Volunteers	: 72
2. Teachers	: 04

Fit India Freedom Run program was organized by Kokrajhar Govt. College, NSS Unit, on 13th December 2021 at 6:00 A.M from Kokrajhar Govt. College, to New flyover.

The Fit India Freedom run was flagged off by Dr. Banabina Brahma, Principal, Kokrajhar Govt. College, Kokrajhar.

The program was grand success as near about 70 students and 4 teachers participated in the Fit India Freedom Run

Photos of Fit India Freedom Run, 2021



Report on Virtual observance of National Youth Day, 2022

Occasion	: Virtual observance of National Youth Day, 2022.
Date	: 12 th January, 2022.
Venue	: Kokrajhar Govt. College Campus.
Objectives	: The objective of celebrating National Youth Day is to disseminate the ideas and philosophy of Swami Vivekananda, about how he lived, preached, and the way he worked.
Outcome	: 103 NSS Volunteers with programming officer were present in the Celebration.
No. of Participants	:
1. NSS Volunteers	: 103
2. Teachers	: 01

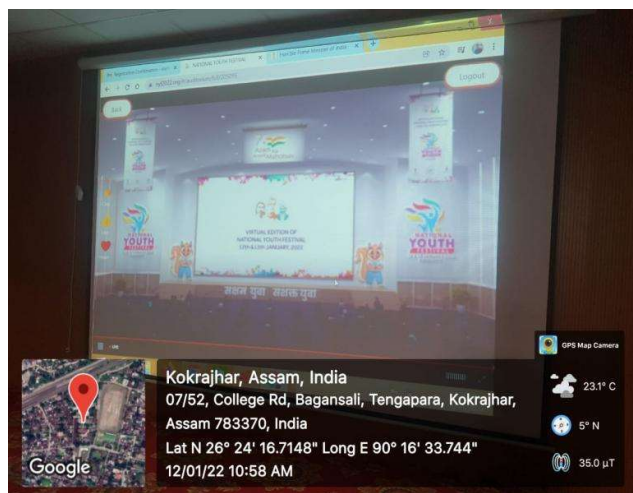
On 12th January 2022, the NSS Volunteers of Kokrajhar Govt. College Kokrajhar took part in the Virtual inauguration of the National Youth Festival 2022. The festival was held in Virtual mode due to the covid-19 pandemic. The festival was held in Puducherry and the Prime minister of India, Shri Narendra Modi inaugurated the festival.

National youth day is also known as Rashtriya Yuva Diwas and is celebrated on the birth anniversary of Swami Vivekananda.

The main objective of the celebration is to make a better future for the country by motivating the youths and spreading the ideas of the Swami Vivekananda.

The program was a grand success as near about 100 NSS Volunteers took part in the virtual inauguration seminar of the National Youth Festival 2022.

Photos of Virtual observance of National Youth Day, 2022



Report on volunteer service at creation of Botanical Garden, 2022

Occasion : Volunteer service at creation of Botanical Garden, Kokrajhar Govt. College, Kokrajhar.

Date : 24th - 27th February, 2022.

Venue : Botanical Garden, Kokrajhar Govt. College, Kokrajhar.

Objectives : Botanical gardens devote their resources to the study and conservation of plants, as well as making the world's plant species diversity known to the public.

Outcome : 67 NSS Volunteers along with 06 Teachers were present in the creation of Botanical Garden.

No. of Participants :

1. No. of NSS Volunteers : 67

2. No. of Teachers : 06

On 24th, 25th and 27th February 2022, the NSS Volunteers worked at newly constructed Botanical Garden of Kokrajhar Govt. College, Kokrajhar.

The NSS Volunteers worked late night along with the Teachers of the Dept. of Botany planting various flowers and plants at the garden.

Around 70 Volunteers took part at the worked along with 6 teachers.

Photos of work for creation of Botanical Garden, 2022



Report on International Women's Day 2022

Occasion	: International Women's Day Celebration 2022.
Date	: 08 th March, 2022.
Venue	: Kokrajhar Govt. College Campus.
Objectives	: Volunteerism lets people and communities participate in their own growth . Through volunteering, citizens build their resilience, enhance their knowledge base and gain a sense of responsibility for their own community.
Outcome	: 26 NSS Volunteers and 15 Teachers were present in the Celebration.
No. of Participants	:
1. NSS Volunteers	: 26
2. Teachers	: 15

On 8th March 2022, the NSS Volunteers did a volunteer service at the celebration of "International Woman Day" which was organized by the Women Cell of Kokrajhar Govt. College, Kokrajhar. There was a free medical camp organized by the Woman Cell of Kokrajhar Govt. College, where the medical team of RNB Civil Hospital came for medical camp.

The resource person Dr. Zunikar Ali, Senior Medical Officer, RNB Civil Hospital delivered a meaning full speech on the Woman Health and Hygiene.

By the 12:00 Noon there was a free medical checkup for every one where different people check there own problems and by the 3:00 PM the program got ended and around 15 Teachers and 26 Volunteers took part in the program.

Photos of International Women's Day 2022



Report on Cleanliness Drive

- Occasion** : “Kokrajhar Govt. College Campus Cleanliness Drive”
- Date** : 03rd April, 2022.
- Venue** : Kokrajhar Govt. College Campus.
- Objectives** : The Swachh Bharat Abhiyan aims to eliminate open defecation, eradicate manual scavenging, introduce modern solid waste management and promote a positive attitude towards healthy sanitation practices.
- Outcome** : 30 NSS Volunteers and 10 members from Rotary Club Kokrajhar were present in the Cleanliness Drive.
- No. of Participants** :
- 3. NSS Volunteers : 30
 - 4. Rotary Club Members: 10

On 03rd April, 2022 the NSS Volunteers of Kokrajhar Govt. College Unit took part in the Cleanliness Drive at Kokrajhar Govt. College Campus Organised by Rotary Club, Kokrajhar.

The Cleanliness Drive took place at around 11: 00 AM and was inaugurated by Dr. Banabina Brahma, President, Rotary Club Kokrajhar and Principal Kokrajhar Govt. College, Kokrajhar in presence of the members of Rotary Club Kokrajhar and NSS Volunteers. Dr. Banabina Brahma In her Inaugural Speech gave brief information about the Rotary Clubs.

The Members from Rotary Club along with NSS Volunteers Cleaned Various Corners of the College Campus.

About 10 Members from Kokrajhar Rotary Club and 30 NSS Volunteers took part in the programme.

Photos of Cleanliness Drive



Report on observance of Earth Day 2022

Occasion	: Earth Day 2022
Date	: 22 nd April, 2022.
Venue	: New Flyover, Kokrajhar.
Objectives	: The main aim is to raise awareness about the growing concerns of overpopulation, loss of biodiversity, and depleting quality of the environment.
Outcome	: 12 NSS Volunteers, 06 NCC cadets, 08 KGCSU members alongwith 05 Teachers were present in the Celebration.

No. of Participants :

- | | |
|--------------------------|------|
| 3. No. of NSS Volunteers | : 12 |
| 4. No. of Teachers | : 05 |
| 5. No. of NCC Cadets | : 06 |
| 6. KGCSU Members | : 08 |

On 22nd April, 2022 NSS volunteers took part in the Tree Plantation Programme at New Flyover organized by Kokrajhar Govt. College, Kokrajhar. The Event was organized to Observe the Earth Day, 2022. The Motto of the Programme was “Invest on Earth”.

In Presence of Teachers, NSS Volunteers, NCC and KGCSU members Dr. Banabina Brahma, Principal, planted the First tree sapling. 10 tree saplings were planted on the occasion of Earth Day, 2022.

Photos of observance of Earth Day 2022



Report on World Bicycle Day, 2022

Occasion : World Bicycle Day.

Date : 03rd June, 2022

Venue : Kokrajhar Govt. College, Kokrajhar to Deeplai Beel, Deplai

Objectives : To spread awareness on importance of Bicycling.

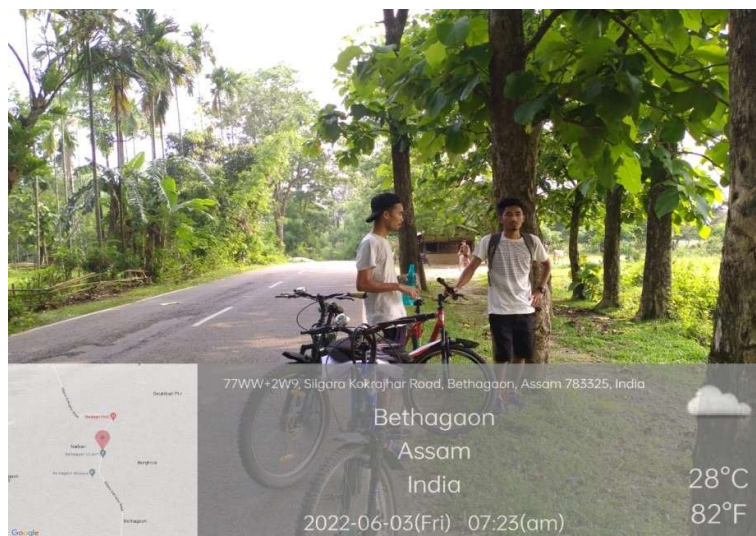
Outcome : 3 volunteers observed World Bicycle Day cycling from Kokrajhar Govt. College to Deeplai Beel, Kokrajhar.

Number of Participants:

1. Students: 03

Three volunteers from Kokrajhar Govt. College, Kokrajhar observed World Bicycle Day on 3rd June, 2022. The volunteers took up cycle trip from Kokrajhar Govt. College, Kokrajhar to Deeplai Beel, Deeplai.

Photos of World Bicycle Day, 2022



Report on World Environment Day, 2022

Occasion	: World Environment Day, 2022
Date	: 1 June – 7 June, 2022
Venue	: College Campus, Kokrajhar Govt. College, Kokrajhar
Objective	: The objective of observation of World Environment Day is to disseminate the importance of conserving environment and its benefit.
Outcome	: 60 volunteers were engaged in a week long observation of World Environment Day by carrying out various activities related to conservation of environment under supervision of NSS Programme Officer.
No. Of participants:	
1. Volunteers	: 60
2. Teachers	: 08

NSS volunteers under the direction of Govt. of India observed a week long World Environment Day from 1st - 7th June, 2022 carrying out activities in connection with Environment Conservation like distributing plant saplings to students in college, forming swachhta teams & taking up zero waste week on campus. It was a week of learning and sharing knowledge on environment conservation.

It was a week full of challenges to keep campus zero waste along with rain & water. Volunteers were very enthusiastic and carried out their duties well.

On 5th June, 2022 the NSS volunteers also attended the webinar on the theme “Only one Earth” organised by Dept. Of Zoology, Kokrajhar Govt. College, Kokrajhar. Resource person Prof. Dr. Abhik Gupta, Vice-Chairperson, Tripura State Higher Education Council, Ecology and Environmental Sciences, Assam University delivered a lecture on the Theme “Only one Earth”. After the webinar the NSS unit distributed Plant Saplings among Teachers and Students of the college.

Photos of World Environment Day, 2022



Report on International Day of Yoga, 2022

Occasion : International Day of Yoga

Date : 21st June, 2022.

Venue : Kokrajhar Govt. College, Badminton Court.

Objectives : To make students aware of the Yoga benefits, to reduce mental stress as well as to maintain physical fitness.

Outcome : 55 students along with 08 teachers took active part and followed all the instruction demonstrated by the instructor

Resource Person: Yoga Instructor from Patanjali Vidyapith.

Number of Participants:

1. No. of Students : 55
2. No. of Teachers : 08

Along with the rest of the country Kokrajhar Govt. College also celebrated the International Yoga Day on 21st June 2022 in the college premise itself. The programme started with the recitation of holy Gayatri Mantra sung by the instructors depute by Patanjali Vidyapith, Kokrajhar Samiti. The instructors demonstrated various yoga poses before the august gathering and asked them to repeat the same. The instructors explained in great details the various benefits of yoga and its impact on mental health and emotional well being. The instructors were of the opinion that in a conflict torn world where almost mental peace seemed to be lost, yoga is a paramount need to overcome all these.

Along with the teachers and non-teaching staffs, 88 students took active participation in the said programme and made it a grand success. The programme successfully came to an end with the vote of thanks offered by Dr. Sibubasak .

Photos of International Day of Yoga, 2022



Report on 1st Mental Health Camp, Rowmari, 2022

Occasion : 1st Mental Health Camp, 2022
Date : 26-JUNE-2022.
Venue : THE ANT CAMP, ROWMARI
Objectives : Community Service at Rowmari Mental Health Camp organized by The Ant Organization.
Outcome : 12 students along with programme officer took part in community service by helping in organizing mental health camp.

Number of Participants:

- Teachers: 01
- Students: 12

NSS volunteers volunteered voluntary service to THE ANT organization in carrying out Mental Health Camp on 26-June, 2022 at Rowmari, The Ant Campus. The Ant Organization conducts two days Mental Health Camp every week. The Ant organization aims to provide treatment & medicines at economical rate benefiting the poor people in BTR region.

Report of 1st Mental Health Camp, Rowmari, 2022

