

KOKRAJHAR GOVT. COLLEGE, KOKRAJHAR

National Service Scheme (NSS)

Motto: Not Me, But You !!!

ANNUAL REPORT

January, 2023 –December, 2024



Prepared By-

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NSS Programme Officer,

Kokrajhar Govt. College, NSS Unit

About NSS, Kokrajhar Govt. College, Unit

National Service Scheme (NSS) is an educational programme with primary focus on the development of personality of students through community service.

As a part of the National Service Scheme, the NSS unit of College was established in the year 1971. By this time the unit launched many developmental projects and successfully executed them for the development of roads and communication in interior places of the district. With a mission to render Social services students are welcome to join the NSS.

The motto or watchword of the National Service Scheme is: '**NOT ME BUT YOU**'. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day programme.

The NSS unit of Kokrajhar Govt. College has enrolment of **103 Volunteers** for the academic session 2023-24. The activities and programmes of NSS Unit of Kokrajhar Govt. College aim the overall development of the students.

The NSS unit of Kokrajhar Govt. College, Kokrajhar is led by Mr. Danswring Basumatary, NSS Programme Officer & Assistant Professor, Department of Zoology.

A brief outline of the activities conducted during the period of **March, 2023 – December, 2024** is given below-

Details of NSS Adopted Village

Village Name & Address: Kakrikhola, Nayekgaon, Kokrajhar, 783370

Kakrikhola is a serene and culturally vibrant village located in **Kokrajhar District**, Assam. Nestled amidst lush greenery, this village represents a harmonious blend of traditional practices and emerging developmental aspirations. It is home to a diverse population, predominantly composed of indigenous communities (**mainly Garo community**), each contributing to the cultural richness of the region. It is a village located in the Kokrajhar subdivision of Kokrajhar district in Assam, India. It is situated approximately 11 kilometers away from Kokrajhar town, which serves as both the district and sub-district headquarters.

The village covers a geographical area of 262.16 hectares and has a total population of 319 individuals, comprising 150 males and 169 females. The literacy rate stands at 33.23%, with 33.33% of males and 33.14% of females being literate. There are about 62 households in Kakrikhola Saljhar.

The postal code for Kakrikhola is 783370.

The village is accessible via public and private bus services, and the nearest railway station is within a 10+ km distance.

Kakrikhola Saljhar is part of the Kokrajhar district, which has its headquarters in Kokrajhar town. The district occupies an area of 3,169.22 square kilometers.

The latitude and longitude coordinates for Kokrajhar town are approximately 26.401436°N and 90.266701°E.

While specific coordinates for Kakrikhola Saljhar village are not readily available, it is located near Kokrajhar town, and the general coordinates for the area can be referenced.

About Kakrikhola Village

1. Location and Environment:

- The village is surrounded by paddy fields, forests, and small streams, contributing to its picturesque environment and agricultural prominence.
- The climate is typically tropical, with significant rainfall during the monsoon season, supporting agricultural activities.

2. Community and Culture:

- Kakrikhola is home to a vibrant community that values traditional customs, languages, and festivals.

- Cultural expressions such as **Garó dances** and songs are integral to the community's identity and often performed during events and gatherings.

3. **Economic Activities:**

- Agriculture forms the backbone of the village's economy, with paddy being the primary crop.
- Other activities include small-scale farming, fishing, and livestock rearing.
- The village also engages in minor artisanal crafts and trade to supplement its income.

4. **Education and Institutions:**

- The village hosts schools like **1614 No. L.P. School** and **Kakrikhola G.D.M.E School**, which play a vital role in the education of local children.
- Efforts are ongoing to improve educational infrastructure and increase literacy rates.

5. **Challenges:**

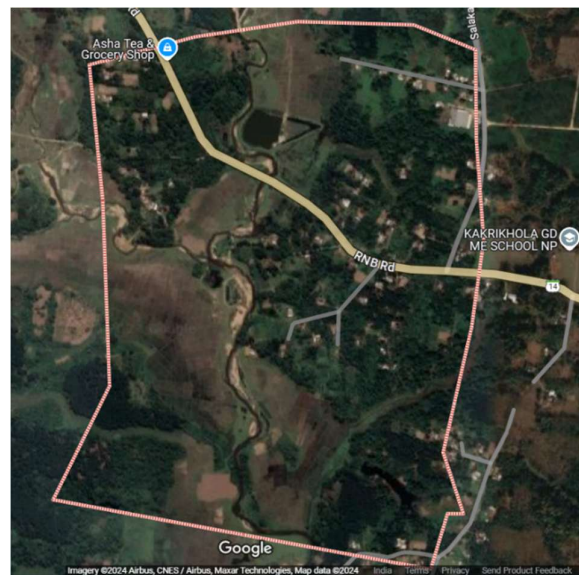
- The village faces challenges such as limited access to advanced healthcare, inadequate infrastructure, and the need for economic diversification.
- Environmental concerns like deforestation and improper waste management are emerging issues.

6. **Developmental Initiatives:**

- Community-based programs like the **NSS 7 Days Special Camping Programme** have made notable contributions to the village's development.
- Plantation drives, cleanliness campaigns, and free medical camps have improved living conditions and environmental sustainability.

7. **Connectivity:**

- Kakrikhola has road access connecting it to Kokrajhar town, though infrastructural development is still a work in progress.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 10th Mental Health Camp

Occasion : 10th Mental Health Camp, 2023
Date : 26th March, 2023.
Venue : THE ANT CAMP, ROWMARI
Objectives : Community Service at Rowmari Mental Health Camp organized by The Ant organization.
Outcome : 10 students took part in community service by helping in organizing mental Health camp.

Number of Participants:

- Students: 10

NSS volunteers rendered voluntary service to THE ANT organization in carrying out Mental Health Camp on 26 March, 2023 at Rowmari, The Ant Campus. The Ant Organization conducts two days Mental Health Camp every week. The Ant organization aims to provide treatment & medicines at economical rate benefiting the poor people in BTR region.

NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on North-East NSS Festival, 2023, Guwahati.

31st March-4th April, 2023.

Occasion : North East NSS Festival, 2023, Guwahati.

Date : 31st March-4th April, 2023

Venue : Guwahati University, Guwahati.

Contingent : Assam.

University : Bodoland University.

**LIST OF VOLUNTEERS DEPUTED FOR NORTH EAST NSS FESTIVAL,
GUWAHATI FROM KOKRAJHAR GOVT. COLLEGE, KOKRAJHAR**

SL.NO.	NAME OF VOLUNTEER	COLLEGE
1	MARRELYNE ISLARY	KOKRAJHAR GOVT. COLLEGE, KOKRAJHAR
2	SANGRANG BRAHMA	

Detailed Report of the Event

31st March 2023:

The five-day- long North East NSS Festival 2022 was declared open by the Smt. Ratna Singh, Councillor GMC (Ward No 31), Life Coach, Motivational Speaker, during the inaugural function held at Phanidhar Dutta (PD) Seminar Hall, Guwahati University, Guwahati.

The festival was organized by the State National Service Scheme (NSS Cell) of Department of Sports & Youth Affairs, Government of Assam in collaboration with Ministry of Sports & Youth Affairs, Government of India from 31st March-4th April 2023 in Guwahati University, Guwahati. More than 300 NSS volunteers and around 50 Programme Officers from all the North East States participated in the festival.

The inaugural session was attended by the Councillor GMC (Ward No 31), Smt. Ratna Singh, as a Chief Guest along with Regional Director, NSS North East Region, Shri Deepak Kumar,

Programme Coordinator of Guwahati University, Dr. Ranjan Kumar Kakati, and Programme Officers, NSS representatives and Volunteers from North East Region.

Smt. Ranta Singh Extended a warm welcome to the contingents from the North East States and expresses hope that the participants would share and utilize their experience gained from the festival to strengthen cultural bonds between the states. She stated that the North East is one of the most culturally diverse regions and has amazing beauty and a very well kind heritage. She also encouraged all the volunteers to take proper initiatives to build a good relationship with the peoples of every community. She requested everyone to work together in the innovative ways to attain greater advancements while maintaining the peace and harmony of the country. She asked everyone to love their nation and do for the nation. She motivated every youth to work hard and struggle in building the nation as like our freedom fighters did. She also started the icebreaking session right after the explanation about the camp. Volunteers from every states present there had introduced themselves to other volunteers.

The event was also addressed by the Regional Director, North East Region, Shri Deepak Kumar, wherein he laid out the objectives of the festivals and core activities of the NSS Unit in developing a sense of social and civic responsibility for the development of the country.

The function also featured an arrangement of cultural programme showcasing the culture and heritage of North East India by the states of Nagaland, Manipur and Meghalaya.

1st April, 2023:

The second day of North East NSS festival had begun with Yoga at early morning in indoor stadium of Guwahati University, Guwahati. The instructor guided all volunteers to perform Yoga. After the morning Yoga the inaugural session took place on that second day. Volunteers from various states sung the NSS Anthem. After that the session of Smt. Ratna Singh had started again at Phanidhar Dutta (PD) Seminar Hall. On that day she trained all volunteers about life skills. She introduced that hard work along with smart work is the only way to get success.

The technical session about Environmental Conservation, Waste Management & Global Key Framework to minimize waste & discussion about National Agenda took place on that day. All the volunteers had instructed to conserve the environment and the resources that are the water resources, soil resources, minerals resources etc. which was followed by the presentation of different NSS Unit from various states and places. Volunteers of all states shared their missions, ideas, motives etc. They also told everyone about what they did.

On that day the interaction with Honorable Minister, Govt. of Assam Shri Jayanta Malla Baruah, Dept. of PHE, Tourism & Skill and Entrepreneurship Development etc. took place. He shared the knowledge to improve skills in life. He also asked everyone not to stop learning new things in life.

After the end of all the session of that day the cultural performance was performed by the Volunteers from the states of Mizoram, Tripura and Arunachal Pradesh. They introduced their culture to everyone.

2nd April, 2023:

The third day of North East NSS Festival had begun with self defense training in the indoor stadium of Guwahati University, Guwahati. All the volunteers specially the girl volunteers had guided how to take self defense when they face critical condition by the instructors of Wushu Federation Guwahati. After that the shramdan in campus that is the campus cleaning programme had taken in Guwahati University, Guwahati. Volunteers from all states participated nicely on that event.

On that day the amazing session about Yuva Samvad-India@2047 was started by the Programme Coordinator Dr. Ranjan Kumar Kakati of Guwahati University, Guwahati. He discussed about India's current condition and shared the initiatives that are necessary for developing our country. He also asked everyone to take part in building the nation. He shared the knowledge and motives about Vishwa Guru Bharat, and discussed the proper initiative that should be taken by every Indian to create India as a Vishwa Guru.

The next session of the day on objectives of G20 & Y20 had taken by the regional director of North East NSS Region, Shri Deepak Kumar. He shared the basics of G20 & Y20 and gave the knowledge about the leading of India as president in G20 submit and about Vishwa Guru Bharat. He also discussed about Panch Pran of Amrit Kaal that are First Pran- Goal to Developed India, Second Pran- Remove any trace of colonial mindset, Third Pran- Take pride in our roots, Fourth Pran- Unity, Fifth Pran- Sense of duty among the citizens.

By the end of all the session of that day the cultural performance was performed by the Volunteers from the states of Assam and Sikkim. They introduced their culture to everyone. The wonderful cultural performance was enjoyed by everyone.

3rd April, 2023:

The fourth day of North East NSS Festival had begun with Exercise and Yoga along with the incredible Zumba Dance. The instructors guided all volunteers to perform Yoga and Zumba. After that, on that day also again the shramdan in campus that is the campus cleaning programme had taken in Guwahati University, Guwahati. Volunteers from all states participated nicely on that event.

On that day the debate competition regarding about "My vision of North East in 2047", The role of Youths in Development of North East, The Role of Youths in Peace Keeping in North East took place. On that competition 4 volunteers from each state had participated. It was a great moment for all the participants to share their knowledge.

The life skill training session by Shri Sunil Basumatary was took place. On this session he shared the knowledge about the fundamental skills, secondary skills of life skills. It was one of

the great sessions held in North East NSS Festival, Guwahati. Volunteers from various states had participated and learned about the concept of life skills on that day.

After the end of session and activities a Rock Band was organized on that evening. The performance of Local Folk Artist created a beautiful environment on that day. All the volunteers of North East Region present at that event enjoyed a lot.

4th April, 2023:

The fifth day of North East NSS Festival had begun with Exercise and Zumba Dance, which was followed by a rally of conservation of environment. All the volunteers took part on that event very nicely. After the rally all the volunteers gathered at PD Seminar Hall and a discussion regarding about “Youth and Peace Building in North East” took place. All the volunteers were guided to maintain a good relationship with each other and with the people of their places and neighbors.

After the discussion the cultural rally was took place. All the volunteers wore their beautiful traditional costume and participated on the cultural rally event. Volunteers from various places got the chance to introduce their culture to each other on that event. After the cultural rally the Feedback Sharing & Evaluation session took place. Volunteers from various places shared their feedback to everyone.

At last the valedictory function took place on that day. Volunteers from different places participated on that event. The Programme Coordinator of North East NSS Region, Shri Deepak Kumar, The Programme Coordinator of NSS Guwahati University, Dr. Ranjan Kumar Kakati, along with all the Programme Officer, NSS Representatives were also present there. On the valedictory function volunteers from various places got the guidance by the Regional Director of NSS to work for nation in future and asked to maintain the never ending relationship that had been created on that festival. He asked everyone to work together in building the nation. After that the Certificates & Souvenirs were distributed to each volunteers and Programme Officers.

The journey of all the NSS Volunteers of the North East India participated on that North East NSS Festival were come end on that day. But the knowledge and memories that had been given on that festival will always help everyone in functioning of their life.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 11th Mental Health Camp

Occasion : 11th Mental Health Camp, 2023
Date : 23rd April, 2023.
Venue : THE ANT CAMP, ROWMARI
Objectives : Community Service at Rowmari Mental Health Camp organized by The Ant organization.
Outcome : 10 students took part in community service by helping in organizing mental Health camp.

Number of Participants:

- Students: 10

NSS volunteers rendered voluntary service to THE ANT organization in carrying out Mental Health Camp on 23 April, 2023 at Rowmari, The Ant Campus. The Ant Organization conducts two days Mental Health Camp every week. The Ant organization aims to provide treatment & medicines at economical rate benefiting the poor people in BTR region.

NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on Mind Talkies- A youth travelling mental health Film Festival, 2023

Occasion : Mind Talkies- A youth travelling mental health Film Festival, 2023
Date : 28th April, 2023.
Venue : M.M Brahma Auditorium Hall, Kokrajhar Govt. College, Kokrajhar.
Objectives : Awareness on the prevalence of suicide, addiction, crimes and other dire mental health issues amongst youth of our country.
Outcome : Source of information regarding Mental condition of our health.

Number of Participants:

- Students: 120

Yumetta Foundation, an organization that works with and for the young people of our country, in collaboration with the ant-Chirang organised Mind Talkies - a youth traveling mental health film festival, in Kokrajhar Govt. College, Kokrajhar with collaboration of NSS Unit on 28th April, 2023.

Since, there is an increase in the prevalence of suicide, addiction, crimes and other dire mental health issues amongst the youth of our country. At Yumetta, they believe in addressing these important issues in an entertaining and creative way.

They have screened films of relevance to the above said issues to create a safe and encouraging space for dialogue and conversation. They believe such expression will drive greater understanding and awareness of such issues and break the stigma attached to them.

The Programme was a grand success.



YuMetta Foundation presents

MIND TALKIES

A Traveling YOUTH MENTAL HEALTH Film festival



MENTAL HEALTH MATTERS

VENUE & DATE: Mohini Mohan Brahma Auditorium,
Kokrajhar College on 28th April 2023

In collaboration with
"the ant" & NSS team Kokrajhar College



Dr. Nilesh 6900232887, Proshik 9678494812, Anjali 9707133848



www.yumetta.org

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 12th Mental Health Camp

Occasion : 12th Mental Health Camp, 2023
Date : 28th May, 2023.
Venue : THE ANT CAMP, ROWMARI
Objectives : Community Service at Rowmari Mental Health Camp organized by The Ant organization.
Outcome : 10 students took part in community service by helping in organizing mental Health camp.

Number of Participants:

- Students: 10

NSS volunteers rendered voluntary service to THE ANT organization in carrying out Mental Health Camp on 28 May, 2023 at Rowmari, The Ant Campus. The Ant Organization conducts two days Mental Health Camp every week. The Ant organization aims to provide treatment & medicines at economical rate benefiting the poor people in BTR region.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on World Environment Day

Occasion	: World Environment Day, 2023
Date	: 5 th June, 2023
Venue	: Proposed Kokrajhar University Campus, Harinaguri, Kokrajhar
Objective	: It aims to halt the degradation of ecosystems, and restore them to achieve global goals.
Outcome	: Teachers, Students took active part in the Plantation Programme organized at Proposed Kokrajhar University campus, Harinaguri, Kokrajhar.
No. Of participants:	
1. Volunteers	: 57
2. Teachers	: 09
3. KGCSU Members	: 12
4. Villagers	: 15

World Environment Day is celebrated on **June 5** every year to raise awareness and encourage action for the protection of our planet. It was first established by the **United Nations General Assembly** in 1972, and since then, over **150 countries** participate in various activities to celebrate this day. World Environment Day is an important day to raise awareness and encourage action for the protection of our planet.

The theme of World Environment Day, 2023 was “**solutions to plastic pollution**”.

Kokrajhar Govt. College NSS Unit also celebrated the occasion with a Plantation Drive at proposed Kokrajhar University Campus, Harinaguri, Kokrajhar by planting 50 Saplings in order to restore the beauty of the Mother Earth.

Around 09 Teachers, 57 NSS volunteers, 12 KGCSU members and 15 Villagers took active participation in the plantation Programme making it a grand success.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on International Yoga Day

Occasion : International Day of Yoga

Date : 21st June, 2023.

Venue : Kokrajhar Govt. College, Badminton Court.

Objectives : To make students aware of the Yoga benefits, to reduce mental stress as well as to maintain physical fitness.

Outcome : 45 students along with 08 teachers took active part and followed all the instruction demonstrated by the instructor

Resource Person: Ms. Dikshita Kakati, Yoga Instructor , Kendriya Vidyalaya, Kokrajhar

Number of Participants:

1. No. of Students : 45
2. No. of Teachers : 05

Along with the rest of the country Kokrajhar Govt. College also celebrated the International Yoga Day on 21st June 2023 in the college premise itself. The programme started with the recitation of holy Gayatri Mantra sung by the instructor Ms. Dikshita Kakati. The instructor demonstrated various yoga poses before the august gathering and asked them to repeat the same. The instructor explained in great details the various benefits of yoga and its impact on mental health and emotional well being. The instructor was of the opinion that in a conflict torn world where almost mental peace seemed to be lost, yoga is a paramount need to overcome all these.

Along with the teachers and non-teaching staffs, 45 students took active participation in the said programme and made it a grand success. After the event NSS volunteers have done Yoga individually and posted in the social media to spread awareness on the importance of YOGA in Day to Day life.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 13th Mental Health Camp

Occasion : 13th Mental Health Camp, 2023
Date : 26th June, 2023.
Venue : THE ANT CAMP, ROWMARI
Objectives : Community Service at Rowmari Mental Health Camp organized by The Ant organization.
Outcome : 10 students took part in community service by helping in organizing mental Health camp.

Number of Participants:

- Students: 10

NSS volunteers rendered voluntary service to THE ANT organization in carrying out Mental Health Camp on 26 June, 2023 at Rowmari, The Ant Campus. The Ant Organization conducts two days Mental Health Camp every week. The Ant organization aims to provide treatment & medicines at economical rate benefiting the poor people in BTR region.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 14th Mental Health Camp

Occasion : 14th Mental Health Camp, 2023
Date : 23rd July, 2023.
Venue : THE ANT CAMP, ROWMARI
Objectives : Community Service at Rowmari Mental Health Camp organized by The Ant organization.
Outcome : 10 students took part in community service by helping in organizing mental Health camp.

Number of Participants:

- Students: 10

NSS volunteers rendered voluntary service to THE ANT organization in carrying out Mental Health Camp on 23 July, 2023 at Rowmari, The Ant Campus. The Ant Organization conducts two days Mental Health Camp every week. The Ant organization aims to provide treatment & medicines at economical rate benefiting the poor people in BTR region.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on Har Ghar Tiranga Rally

Occasion : “HAR GHAR TIRANGA” Rally.

Date : 14th August, 2023.

Venue : Kokrajhar Govt. College, Kokrajhar.

Objectives : To bring awareness on “Har Ghar Tiranga” campaign to mark the completion of “Azadi Ka Amrit Mahotsav (AKAM)”.

Outcome : NSS volunteers, Students, Teachers and Non-Teaching staffs took active part in the Rally.

Number of Participants:

- | | |
|--------------------------|-------|
| 1. No. of NSS volunteers | : 117 |
| 2. No. of Teachers | : 45 |
| 3. Non Teaching Staffs | : 19 |
| 4. Students | : 325 |

In connection to the continuation of the “Azadi ka Amrit Mahotsav (AKAM)”, 75 glorious years of Indian Independence, the Union Government, under the stewardship of honorable Prime Minister of India Sri Narendra Modi, launched a noble initiative titled “Har Ghar Tiranga” in the year 2022.

NSS volunteers of Kokrajhar Govt. College Unit, Kokrajhar along with rest of India prepared for “Har Ghar Tiranga” Rally on 14th August, 2023 to mark the completion of AKAM. The rally started at around 1:15 PM from Kokrajhar Govt. College via Central ABSU Office heading towards RNB road Via Daily Market Kokrajhar Via Rash Field to Kokrajhar Govt. Collge, Kokrajhar. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag.

The rally was flagged off by Dr. Dimacha Dwibrang Mwchahary, Principal, Kokrajhar Govt. College, Kokrajhar. The Rally was organized under the initiative of Mr. Danswring Basumatary, NSS Programme Officer, Kokrajhar Govt. College Unit.

Further, after the completion of the Rally Teachers, Staffs and Students took selfie with the TIRANGA and uploaded it in <https://harghartiranga.com/> . The active support of Teachers, Students and Staffs made the programme a grand success.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on Meri Matti, Mera Desh (MMMD)

Occasion : “Meri Matti, Mera Desh (MMMD)”.

Date : 14th August, 2023.

Venue : Kokrajhar Govt. College, Kokrajhar.

Objectives : Ahead of the Independence Day celebrations, Prime Minister Narendra Modi announced the 'Meri Mati Mera Desh' campaign to honour the martyrs and to pay tribute to those who made the supreme sacrifice for the country.

Outcome : NSS volunteers, Students, Teachers and Non-Teaching staffs took active part in the Programme.

Number of Participants:

5. No. of NSS volunteers	: 117
6. No. of Teachers	: 45
7. Non Teaching Staffs	: 19
8. Students	: 325

Ahead of the Independence Day celebrations, Prime Minister Narendra Modi announced the 'Meri Mati Mera Desh' campaign to honour the martyrs and to pay tribute to those who made the supreme sacrifice for the country.

On 14th August, 2023 NSS volunteers of Kokrajhar Govt. College Unit, Kokrajhar at around 11: 00 A.M started their journey from Kokrajhar Govt. College to Roinadabri M.E School, Kokrajhar to bring soil from the Shilaphalakam, situated at Roinadabri M.E School. The Journey was accompanied by Mr. Danswring Basumatary, NSS Programme Officer, Kokrajhar Govt. College Unit. After arrival of the Soil, the Students, Teachers and Staffs gathered in the Badminton Court and Panch Pran Pledge was organized. The pledge was taken in Four Language viz, English, Hindi, Bodo and Assamese in order to pay Tribute to our Motherland and Brave Heroes of the Nation, who sacrificed their lives for the country.

The pledge was led by Dr. Dimacha Dwibrang Mwchahary, Principal, Kokrajhar Govt. College, Kokrajhar. The programme was a Grand Success.



Report on Participation at 77th Independence Day Celebration

Occasion	: Participation at 77 th Independence Day Celebration, 2023
Date	: 15 th August 2023
Venue	: Kokrajhar Govt. College, Kokrajhar & Field of Kokrajhar Govt. H.S. & M.P. School, Kokrajhar
Objective	: Independence Day is celebrated to commemorate the freedom of our country. On this day, we pay tribute to all the leaders who have sacrificed their lives to get our motherland free from British rule.
Outcomes	: Principal, Vice Principal, 15 teachers, NCC Cadets, Scouts & Guides, NSS volunteers and the students of the college had participated in the celebration of 77 th Independence Day inside the college campus. The NSS Volunteers then went to participate in parade competition held in

No of Participants :

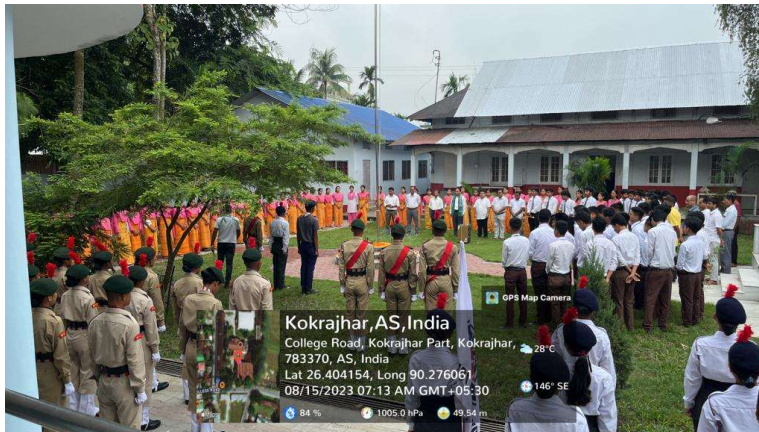
1. NSS Volunteers	: 35
2. Teachers	: 15
3. Students	: 100
4. NCC and Scouts & Guides	: 70

On the occasion of 77th Independence Day Celebration the Principal, Vice Principal, Teachers, NCC Cadets, Scouts & Guides, NSS Volunteers and the students of the college had participated in the hoisting ceremony of Indian National Flag. The National Anthem was sung by every participants present there. After the flag hoisting ceremony the principal of Kokrajhar Govt. College, Kokrajhar Dr. Dimacha Dwibrang Mushahary gave a valuable speech regarding about the Independence Day Celebration.

After the end of speech the NCC Cadets, NSS Volunteers and Scouts & Guides had asked the permission to participate in the parade competition of 77th Independence Day Celebration. The principal granted the permission to participate and after that the NCC Cadets, NSS Volunteers and Scouts & Guides went to take part in the competition held at the field of Kokrajhar Govt. H.S. & M.P. School, Kokrajhar.

The CEM of Bodoland Territorial Region(BTR), Mr. Promod Boro along with the MLAs, EMs, MCLAs, the administrative officer and the workers and the peoples of the district were also took part in the ceremony. After the guard of honour ceremony the CEM of BTR, Mr. Promod Boro Delivered the speech to all the peoples. The parade competition begun after the end of the speech given by CEM of BTR, followed by the cultural events that was perform by the various communities of the district.

The programme was celebrated with great enthusiasm with the participants from various colleges and schools and it was ended successfully.



Report on Orientation and Training Programme for NSS Volunteers

- Occasion** : Orientation and Training Programme for NSS Volunteers
- Date** : 19th August, 2023
- Venue** : M.M. Brahma Auditorium Hall, Kokrajhar Govt. College, Kokrajhar
- Objective** : The objective of orientation programme was to make volunteers know about NSS. It also included orientation programme regarding about soft skills, life skills, communication skills and career guidance.
- Outcome** : 100 volunteers along with Resource person Mr. Anjan Chowdhury, NSS Programme Officer, Asst. Programme Officers, The Coordinator of IQAC of Kokrajhar Govt. College, Kokrajhar Mr. P.V. Narzary had participated in the Orientation Programme successfully.

No of Participants:

1. NSS Volunteers : 100
2. Teachers : 4
3. Resource Person : 1

NSS Orientation programme begun with the beautiful NSS Anthem sung by the NSS Volunteers, followed by the welcome speech by Anfaory Owary. After that our Programme Officer of NSS Unit KGC Mr. Danswring Basumatary had welcome the guest with a beautiful traditional Aronai followed by lighting of the lamp. The Coordinator of IQAC, Kokrajhar Govt College, Kokrajhar Mr. P.V. Narzary gave a short speech regarding about history of NSS of our college, he also included some basics of life skills. After the speech the traditional Bodo dance Bagurumba was performed by the volunteers.

The resource person Mr. Anjan Chowdhury, Faculty Development Trainer, Soft Skills Consultant, Founder Skillfinity, Guwahati had wonderfully interacted with our volunteers and shared the knowledge of life skills, soft skills and gave some career guidance to all the volunteers. After that we had begun our cultural events with the beautiful dances and songs performed by our NSS Volunteers. By the ending of cultural events the Asst. Programming Officer Miss Divyanita Mushahary had delivered her vote of thanks.

The programme was a grand success as about 100 volunteers had learned some new skills, ideas and got the guidance about career choosing opportunities that will help all the volunteers in near futures. "Taking motivation from others it's better to be self motivated" it was the most inspirational words said by the resource person on the occasion of NSS orientation programme.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on Visit to Adopted Village

Occasion : Visit to Adopted Village.
Date : 19th August, 2023.
Venue : Kakrikhola, Nayekgaon, Kokrajhar.
Objective : Community Service.
Outcome : 05 Volunteers and the programming officer took part in community service by listing out the requirement and about the current states of villagers.

Numbers of Participants :

1. Programme Officer : 1
2. Students : 5

On 19th August, 2023 the NSS Volunteers and the Programme Officer of NSS Unit of Kokrajhar Govt. College, Kokrajhar had visited their adopted village Kakrikhaola under Kokrajhar District to list out the requirement and about the current states of villagers about their Health, Eduaction, Economy, etc. The activity was carried out for Upgradation of Adopted Village into a model village.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on Installing Dustbins at Adopted Village

Occasion : Installing dustbins at adopted village.
Date : 24th August, 2023.
Venue : Kakrikhola, Nayekgaon, Kokrajhar.
Objective : Community Service.
Outcome : 25 NSS Volunteers and the Programme Officer took part in community service by installing new Handmade Bamboo Dustbin at their Adopted Village Kakrikhola, Nayekgaon, Kokrajhar.

Number of Participants:

- 1. Students** : 25
- 2. Programme Officer** : 1

On 24th August, 2023 the NSS Volunteers and the Programme Officer of the NSS Unit of Kokrajhar Govt. College, Kokrajhar had visited their adopted village Kakrikhola under Kokrajhar District to install new Handmade Bamboo Dustbin so that the villagers can throw the Plastic Waste in the dustbin and we can collect the Plastic Waste when we visit the village from the dustbin to dispose it safely at the Dumping Ground. The activity was carried out for Upgradation of Adopted Village into a Model Village.



NSS Unit Kokrajhar Govt. College Kokrajhar

Report on Activity during the 3rd Cycle of NAAC Peer Team Visit at Kokrajhar Govt. College

Date : 28th and 29th August, 2023

Venue : Kokrajhar Govt. College, Kokrajhar

Number of Volunteers : 100

The NSS unit of Kokrajhar Govt. College actively participated in different activities during the 3rd Cycle of NAAC Peer Team visit held on 28th and 29th August 2023. A total of 100 NSS volunteers enthusiastically contributed their services to ensure the smooth execution of the visit.

Activities Conducted:

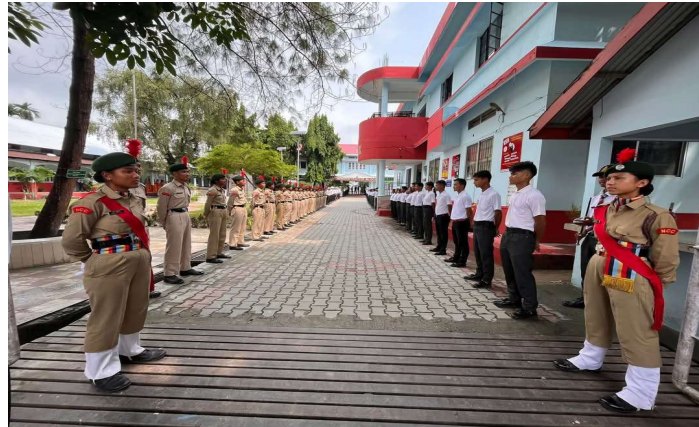
1. **Welcoming the Peer Team with NSS Clap:** The volunteers warmly welcomed the NAAC Peer Team with the traditional NSS clap, creating an atmosphere of enthusiasm and respect.
2. **Cleanliness Drive:** Volunteers carried out a cleanliness drive across the college campus, ensuring a clean and hygienic environment during the visit.
3. **Plantation Activity:** A plantation activity was conducted where volunteers planted saplings in designated areas, symbolizing the institution's commitment to environmental sustainability.

The active participation of NSS volunteers contributed significantly to the success of the NAAC Peer Team visit. The dedication and discipline displayed by the volunteers were highly appreciated by the visiting team, enhancing the overall image of the institution.

Conclusion:

The NSS unit of Kokrajhar Govt. College once again demonstrated its commitment to community service and institutional development through these volunteering activities. Such initiatives not only contribute to the smooth functioning of institutional events but also instill values of teamwork, responsibility, and leadership among volunteers.

Photos of Activities during the 3rd Cycle of NAAC Peer Team Visit at Kokrajhar Govt. College



NSS unit Kokrajhar Govt. College, Kokrajhar

Activity Report on “Indian Swachhta League 2.0”

Event Date : 17th September, 2023.

Location : Bi-weekly Market to Gandhi Park, Kokrajhar.

Organized By: Kokrajhar Municipal Board in collaboration with NSS Unit, Kokrajhar Govt. College, Kokrajhar.

Objective

The event aimed to promote cleanliness and community participation in line with the objectives of the Indian Swachhta League 2.0. The focus was on fostering awareness and active involvement in creating a clean and sustainable environment.

Overview of Activities

1. Cleanliness Drive:

- The event began with a cleanliness drive covering the Bi-weekly Market and the route to Gandhi Park.
- Volunteers actively participated in removing litter, segregating waste, and cleaning public spaces.

2. Awareness Campaign:

- Informative sessions were conducted at key points to educate the public about the importance of cleanliness, waste segregation, and sustainable practices.
- Pamphlets and posters highlighting Swachh Bharat Mission objectives were distributed.

3. Community Engagement:

- Local vendors and residents were encouraged to maintain cleanliness in their areas.
- Participants engaged in interactive activities, including quizzes and discussions, to emphasize individual responsibility for a cleaner environment.

4. Cultural Performances:

- NSS volunteers performed skits and songs to convey the importance of sanitation and environmental conservation.

5. Plantation Drive:

- Saplings were planted in Gandhi Park as a symbolic gesture to promote greenery and environmental awareness.

Participation

- Over 100 participants, including:
 - Kokrajhar Municipal Board officials.
 - 27 NSS volunteers from Kokrajhar Govt. College.
 - Local residents and vendors.

Impact

The event successfully:

- Raised awareness about the importance of cleanliness.
- Encouraged sustainable waste management practices.
- Strengthened the collaboration between local authorities, educational institutions, and the community.

Conclusion

The Indian Swachhta League 2.0 event at Kokrajhar marked a significant step toward a cleaner and greener environment. The collaboration between Kokrajhar Municipal Board and NSS volunteers showcased the power of collective action in achieving societal goals. Continued efforts and follow-ups are recommended to maintain the momentum and ensure long-term impact.



NSS UNIT KOKRAJHAR GOVT. COLLEGE, KOKRAJHAR

Activity Report on Plantation Drive in Connection with "Amrit Brikshya Andolan"

Date : 17th September 2023

Organized By : Kokrajhar Govt. College, Kokrajhar

Location : Proposed "Kokrajhar University" Site, Harinaguri

In alignment with the "Amrit Brikshya Andolan" initiative, a plantation drive was organized by the NSS volunteers of Kokrajhar Government College on 17th September 2023. The event took place at the proposed Kokrajhar University site in Harinaguri, with the objective of enhancing the green cover and fostering environmental awareness.

Objectives:

1. To contribute to environmental sustainability through tree plantation.
2. To promote awareness among volunteers and the community about the importance of afforestation.
3. To support the "Amrit Brikshya Andolan" initiative in creating a greener and healthier environment.

Outcomes:

1. Successful plantation of 150 saplings, contributing to the green landscape of the proposed Kokrajhar University site.
2. Enhanced awareness among NSS volunteers and participants about the importance of afforestation.
3. Strengthened commitment towards environmental sustainability under the "Amrit Brikshya Andolan."

The plantation drive was a significant step towards promoting environmental conservation and creating awareness among the youth. The event underscored the collective responsibility of individuals and organizations to contribute to a sustainable future.

Photos of Plantation Drive in Connection with "Amrit Brikshya Andolan"



NSS unit, Kokrajhar Government College, Kokrajhar

Activity Report on “ 15th Mental Health Camp” 2023

Event Date: 24th September, 2023.

Location: ANT Campus, Rowmari, Chirang.

Organized By: MITA -ANT Campus in collaboration with NSS Unit, Kokrajhar Government College, Kokrajhar

Objective

The volunteering activity at the "Ant Camp" was designed to foster community service, provide assistance to the camp's ongoing activities, and instill a sense of responsibility among the NSS volunteers.

Overview of Activities

1. Support for Camp Operations:

- Volunteers assisted in task such as setting Help Desk to assist the patients coming for Health Checkup.

2. Community Interaction:

- Volunteers engaged with the local community, creating awareness about the camp's purpose and encouraging participation.
- Interactive sessions were held to share knowledge and foster connections.

3. Skill Development:

- Training sessions were conducted for the volunteers, enhancing their teamwork and leadership skills.

Participation

- A dedicated team of 10 NSS volunteers from Kokrajhar Government College.
- Active involvement of local community members and camp organizers.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on NSS Day Celebration 2023

Date	: 24 th September, 2023
Venue	: M. M Brahma Auditorium Hall, Kokrajhar Govt. College
Number of Volunteers	: 100
Organized by	: NSS Unit, Kokrajhar Govt. College

The NSS unit of Kokrajhar Govt. College celebrated NSS Day on 24th September at MM Brahma Auditorium Hall with great enthusiasm and active participation from 100 NSS volunteers. The event was aimed at fostering the spirit of volunteerism and promoting social responsibility among students.

Activities Conducted:

1. Welcoming of Newly Enrolled NSS Volunteers:

- The program began with a warm welcome address by Mr. Danswring Basumatary, NSS PO to newly enrolled NSS volunteers, introducing them to the objectives and values of NSS.

2. Competitions:

- Various competitions such as Quiz and Poster Making were organized to encourage creativity, knowledge sharing, and teamwork among the volunteers.

3. Prize Distribution:

- Winners of the competitions were felicitated with prizes, acknowledging their efforts and achievements.

4. Cultural Activities:

- The event featured vibrant cultural performances by the volunteers, showcasing their talents in music, dance, and drama.

The NSS Day celebration served as an excellent platform for volunteers to interact, learn, and display their skills. It also reinforced the values of discipline, creativity, and community service among participants.

Conclusion:

The NSS Day celebration at Kokrajhar Govt. College was a resounding success, with active participation from volunteers and well-organized activities. Such events play a crucial role in building a sense of unity, responsibility, and leadership among NSS volunteers.

Photos of NSS Day Celebration 2023



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 16th Mental Health Camp

Date : 29th October, 2023.

Venue : ANT Campus, Rowmari Chapaguri.

Number of Volunteers: 12

Organized by : MITA

On 29th October 2023, 12 NSS volunteers from Kokrajhar Govt. College participated in **Mental Health** Camp held at Roumari Chapaguri. The camp aimed to serve the community through various activities focused on healthcare and assistance.

Activities Conducted:

1. Token Distribution:

- Volunteers were actively involved in distributing tokens to patients to ensure a systematic and organized flow of services.

2. Calling Patients:

- Volunteers assisted in calling and guiding patients to the designated service areas.

3. Medicine Receipt Distribution:

- Volunteers managed the distribution of medicine receipts to ensure patients received their prescribed medications efficiently.

Impact of the Activity: The camp provided essential healthcare support to the community and showcased the dedication and teamwork of NSS volunteers. Their efforts significantly contributed to the smooth execution of the camp's objectives.

Conclusion:

Mental Health Camp at ANT campus, Roumari Chapaguri was a meaningful initiative that underscored the importance of community service and volunteerism. The active participation of NSS volunteers played a key role in its success.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on Observation of “Rashtriya Poshan Maah”, 2023

Date : 30th September, 2023.

Venue : M. M Brahma Auditorium Hall, Kokrajhar Govt. College, Kokrajhar

No. of Participants: 175 (Including 100 NSS Volunteers & 75 Students)

Organized by : NSS Unit and Department of Zoology, Kokrajhar Govt. College, Kokrajhar.

The NSS Unit, in collaboration with the Department of Zoology, organized “Rashtriya Poshan Maah” on 30th September 2023 at MM Brahma Auditorium Hall. The program aimed to create awareness about National Nutrition Month through a Poshan Exhibition.

Activities Conducted:

1. Principal's Address:

- The event commenced with an inspiring speech by the Principal, emphasizing the importance of nutrition and healthy living.

2. Poshan Exhibition:

- The exhibition displayed various nutritional charts, food models, and informative posters, highlighting the importance of balanced diets and nutrition.

3. Prize Distribution:

- Prizes were distributed to participants who excelled in the exhibition, recognizing their efforts and creativity.

The event successfully raised awareness about the significance of nutrition among students and volunteers. It also provided an interactive platform for participants to learn and share knowledge about healthy dietary habits.

Conclusion:

Rashtriya Poshan Maah at Kokrajhar Govt. College was a successful initiative that emphasized the importance of nutrition and health awareness. The collaborative effort between the NSS unit and the Department of Zoology played a crucial role in achieving the event's objectives.

Photos of “Rashtriya Poshan Maah” 2023



Activity Record on “Cleanliness drive and Nukkad Natak”

Event Name : Cleanliness Drive and “Nukkad Natak on Use of Plastic Bags”

Date : 2nd October, 2023

Organized By: NSS Unit, Kokrajhar Government College

Venue : In front of Kokrajhar Police Station and Bi-Weekly Market

Participants : 30 NSS Volunteers

Objective:

To create awareness about the hazards of plastic bags and promote cleanliness as a part of Gandhi Jayanti celebrations.

Details of Activities:

1. Cleanliness Drive:

- Volunteers gathered at Kokrajhar Police Station and the Bi-Weekly Market early in the morning.
- The team cleaned the surrounding areas, collected plastic waste, and segregated recyclable and non-recyclable materials.
- Proper disposal methods were followed, ensuring the cleanliness of the public spaces.

2. Nukkad Natak (Street Play):

- A street play was performed in front of Kokrajhar Police Station near Bi-Weekly Market highlighting the environmental hazards caused by the excessive use of plastic bags.
- The play focused on promoting alternatives like cloth and jute bags while encouraging people to adopt sustainable habits.
- The interactive performance engaged the audience, especially vendors and shoppers, spreading the message effectively.

Feedback:

- Participants and onlookers appreciated the efforts of NSS volunteers.
- Authorities from Kokrajhar Police Station expressed their gratitude and encouraged continued community-driven initiatives.

Conclusion:

The event was successful in raising awareness about environmental conservation and the harmful effects of plastic bags. The NSS volunteers demonstrated dedication and teamwork, embodying the spirit of service and sustainability.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on observation of “Rashtriya Ekta Diwas”

Date : 31st October, 2023

Venue : Kokrajhar Govt. College Campus

Number of Volunteers : 20

Organized by : NSS Unit, Kokrajhar Govt. College

The NSS Unit of Kokrajhar Govt. College organized Rashtriya Ekta Diwas on 31st October, 2023 to commemorate the birth anniversary of Sardar Vallabhbhai Patel and promote national unity and integrity.

Activities Conducted:

1. Pledge Taking Ceremony:

- Volunteers took a unity pledge to reaffirm their commitment to national integration and social harmony.

Impact of the Activity: The event instilled a sense of unity, responsibility, and patriotism among the volunteers.

Conclusion:

Rashtriya Ekta Diwas at Kokrajhar Govt. College was a successful initiative, fostering the spirit of national unity and collective responsibility.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 17th Mental Health Camp

Date : 26th November, 2023.

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by : MITA

On 29th October 2023, twelve (12) NSS volunteers from Kokrajhar Govt. College actively participated in a Mental Health Camp held at ANT Campus, Roumari Chapaguri. The camp was designed to offer essential healthcare services and mental health support to the local community through various organized activities.

Activities Conducted:

1. Token Distribution:

- Volunteers efficiently managed the distribution of tokens to patients, ensuring an orderly and systematic process.

2. Guiding Patients:

- Volunteers assisted in calling and directing patients to their respective service areas, providing seamless support throughout the camp.

3. Medicine Receipt Distribution:

- Volunteers were responsible for managing the distribution of medicine receipts, ensuring patients received their prescribed medications promptly and accurately.

Impact of the Activity: The Mental Health Camp delivered crucial healthcare services to the community while demonstrating the commitment, teamwork, and organizational skills of NSS volunteers. Their dedicated efforts played a pivotal role in the smooth and effective execution of the camp's objectives.

Conclusion:

The Mental Health Camp at ANT Campus, Roumari Chapaguri was a significant initiative, highlighting the importance of community engagement and volunteer service. The active participation of NSS volunteers greatly contributed to the success of the program and reinforced their commitment to social responsibility.

Report on observation of “World AIDS Day” 2023

Event Name: Observation of “World AIDS Day”

Date: 1st December, 2023.

Organized By: NSS Unit, Kokrajhar Govt. College, Kokrajhar

Venue: M. M. Brahma Auditorium Hall, Kokrajhar Govt. College, Kokrajhar

Participants: NSS Volunteers (50) and College Students

Objective:

To spread awareness about HIV/AIDS, its prevention, and its impact on society, and to encourage creative expression through a poster-making competition.

Details of Activities:

1. Awareness Session:

- The event began with an insightful Awareness session delivered by the Program Officer of the NSS Unit, Kokrajhar Government College.
- The session highlighted the importance of World AIDS Day, debunked myths about HIV/AIDS, and emphasized preventive measures and the need for empathy towards those affected.

2. Poster Making Competition:

- Students participated enthusiastically in a poster-making competition on the theme "Ending the HIV/AIDS Epidemic: Resilience and Impact."
- Participants showcased their creativity and understanding of the topic through vibrant and thought-provoking artwork.

3. Prize Distribution Ceremony:

- Winners of the poster-making competition were awarded prizes to acknowledge their efforts and creativity.
- Certificates of participation were also distributed to encourage and motivate all participants.

Impact:

- Around **100 attendees** gained awareness about HIV/AIDS and its prevention.
- Students displayed enhanced understanding of the social and health issues associated with HIV/AIDS through their creative expressions.
- The event fostered a sense of responsibility and awareness among the youth.
- The participants and audience appreciated the initiative for addressing such a critical issue and promoting awareness in an engaging manner.

- The competition provided a platform for students to express their ideas creatively and learn collaboratively.

Conclusion:

The World AIDS Day program and poster-making competition were successful in achieving their objectives. The NSS Unit of Kokrajhar Government College demonstrated exemplary organizational skills and commitment to spreading awareness on pressing social issues.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 18th Mental Health Camp

Date: 24th December, 2023

Venue: ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by: MITA

On 24th December 2023, twelve (12) NSS volunteers from Kokrajhar Govt. College actively participated in a Mental Health Camp organized at the ANT Campus, Roumari Chapaguri. The primary goal of the camp was to extend essential mental health services and healthcare assistance to the local community while raising awareness about mental well-being through structured and purposeful activities.

Activities Conducted:

1. **Token Distribution:**
 - Volunteers managed the systematic distribution of tokens to patients, ensuring a smooth and organized flow of individuals accessing healthcare services.
2. **Guiding Patients:**
 - Volunteers actively assisted in calling and directing patients to designated service stations, helping streamline the consultation process.
3. **Medicine Receipt Distribution:**
 - Volunteers oversaw the distribution of medicine receipts, ensuring patients received their prescribed medications efficiently and accurately.
4. **Awareness Session on Mental Health:**
 - Volunteers facilitated an awareness session where basic mental health care tips were shared. Discussions focused on stress management, emotional well-being, and the importance of seeking professional help when needed.

Impact of the Activity: The camp significantly contributed to improving healthcare access and mental health awareness in the community. It also highlighted the dedication, teamwork, and organizational capabilities of NSS volunteers. Their active involvement ensured the smooth execution of camp activities and enhanced the overall impact of the initiative.

Conclusion:

The Mental Health Camp at ANT Campus, Roumari Chapaguri, proved to be a meaningful outreach program, emphasizing the importance of mental health care and community service. The participation and efforts of NSS volunteers played an integral role in the camp's success, reinforcing their commitment to creating a positive social impact.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 19th Mental Health Camp

Date : 28th January 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by : MITA

On 28th January 2024, twelve (12) NSS volunteers from Kokrajhar Govt. College enthusiastically participated in a Mental Health Camp held at the ANT Campus, Roumari Chapaguri. The primary objective of the camp was to provide essential mental health services and healthcare assistance to the community while promoting awareness about mental well-being through structured activities and interactive sessions.

Activities Conducted:

1. Token Distribution:

- Volunteers efficiently managed the distribution of tokens, ensuring patients were attended to in an orderly and systematic manner.

2. Patient Assistance and Guidance:

- Volunteers played an active role in calling and guiding patients to their respective service areas, facilitating smooth navigation throughout the camp.

3. Medicine Receipt Distribution:

- Volunteers were responsible for accurately distributing medicine receipts, ensuring patients received the correct medications without delays.

4. Mental Health Awareness Session:

- An interactive awareness session was conducted where volunteers shared valuable mental health tips. The session emphasized stress management, emotional resilience, and the importance of seeking professional counseling when necessary.

Impact of the Activity: The camp served as an essential initiative for enhancing mental health awareness and healthcare accessibility in the community. It highlighted the dedication, teamwork, and problem-solving skills of NSS volunteers. Their active participation played a crucial role in ensuring the camp's objectives were met efficiently and effectively.

Conclusion:

The Mental Health Camp at ANT Campus, Roumari Chapaguri, was a significant step towards fostering mental health awareness and community well-being. The dedication and active participation of NSS volunteers were instrumental in the camp's success, showcasing their commitment to serving society and making a positive impact on the lives of others.

Report on “Yuva Sammad”

Event Name : Yuva Sammad
Date : 24th February, 2024
Organized By : NSS Unit, Kokrajhar Govt. College, Kokrajhar
Venue : Seminar Hall, Kokrajhar Govt. College, Kokrajhar

Participants:

- **50 NSS Volunteers** from Kokrajhar Govt. College
- **2 Volunteers each** from:
 - St Ann’s College, Kokrajhar
 - Commerce College, Kokrajhar
 - Science College, Kokrajhar
 - Don Bosco College, Chapaguri
 - Udalguri College, Udalguri
- NSS Program Officers (POs) from respective colleges

Sponsor: Ministry of Youth Affairs & Sports, GOI.

Objective:

To provide a platform for youth to express their views, enhance their public speaking skills, and promote inter-college interaction under the theme of "Empowering Youth for Nation-Building."

Details of Activities:

1. Inauguration Ceremony:

- The event commenced with NSS Song by NSS Volunteers and welcome address by the Program Officer of the NSS Unit, Kokrajhar Government College.
- A brief introduction about the Yuva Sammad initiative and its importance in empowering young minds was shared.

2. Speech Competition:

- Participants delivered speeches on topics “Panch Praan – A Youth Dialogue”
- The speeches were judged on content, delivery, confidence, and relevance to the theme.
- A lively and engaging discussion followed the speeches, promoting exchange of ideas among the participants.

3. Interaction Session:

- An interactive session was held where volunteers shared their experiences and perspectives on youth-centric initiatives.

4. Prize Distribution Ceremony:

- Winners of the speech competition were felicitated with prizes and certificates.
- Participation certificates were also distributed to all attendees as a token of appreciation.

Feedback:

- Participants appreciated the platform for honing their public speaking and leadership skills.
- POs from participating colleges expressed gratitude for the well-organized event and encouraged more such initiatives in the future.

Conclusion:

The Yuva Sammad and Speech Competition successfully brought together young minds from various colleges, fostering dialogue and collaboration. The NSS Unit of Kokrajhar Government College demonstrated excellent organizational capabilities, with strong support from the Ministry of Youth Affairs and Sports.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 20th Mental Health Camp

Date : 25th February 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by : MITA

On 25th February 2024, twelve (12) NSS volunteers from Kokrajhar Govt. College actively participated in a Mental Health Camp organized at the ANT Campus, Roumari Chapaguri. The primary aim of the camp was to deliver essential mental health services, offer healthcare assistance, and promote mental well-being awareness among the local community through organized activities and interactive engagements.

Activities Conducted:

1. Patient Assistance and Guidance:

- Volunteers actively assisted in calling and guiding patients to their designated service areas, minimizing confusion and ensuring smooth coordination.

2. Medicine Receipt Distribution:

- Volunteers were responsible for the accurate distribution of medicine receipts, guaranteeing patients received the right medications without unnecessary delays.

3. Interactive Counseling Corner:

- A dedicated counseling corner was set up where volunteers, alongside healthcare professionals, provided one-on-one support to patients. Discussions included managing anxiety, coping with stress, and building emotional strength.

Impact of the Activity: The Mental Health Camp played a significant role in addressing mental health concerns and improving healthcare accessibility in the community. It highlighted the commitment, teamwork, and dedication of NSS volunteers. Their active involvement ensured the camp's activities were executed efficiently, making a positive difference in the lives of participants.

Conclusion:

The *Mental Health Camp* at ANT Campus, Roumari Chapaguri, was a valuable initiative promoting mental health awareness and providing essential healthcare services. The enthusiastic participation and dedication of NSS volunteers were key to the success of the program, reinforcing their commitment to creating meaningful social change and community well-being.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on Voter Awareness Program “Mera Phela Vote Desh Ke Live”

Date : 3rd March, 2024

Venue : Seminar Hall, Kokrajhar Govt. College, Kokrajhar

Number of Volunteers: 25 NSS Volunteers

Organized by : NSS Unit, Kokrajhar Govt. College, Kokrajhar

On 3rd March 2024, an Awareness Program on Voting was organized at the Seminar Hall of Kokrajhar Govt. College by the NSS Unit. The primary objective of the program was to instill a sense of responsibility among citizens, especially youth, regarding their vital role in shaping the nation's future through voting. The event emphasized the importance of active participation in elections as a fundamental duty in a democratic society.

Activities Conducted:

1. Introductory Speech:

- The program commenced with an insightful speech by the PO, Mr. Danswring Basumatary, highlighting the significance of voting in building a transparent and accountable government.

2. Awareness Session:

- NSS volunteers conducted an awareness session where they elaborated on the voting process, voter rights, and the role of each citizen in a democracy.

3. Interactive Discussion:

- An interactive discussion was held, allowing participants to share their thoughts on voting and ask questions related to the electoral process.

4. Pledge on Ethical Voting:

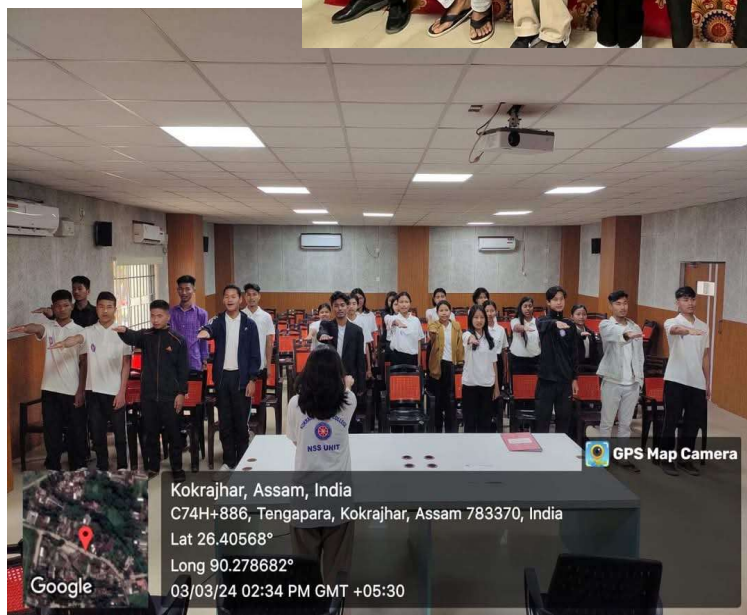
- At the end of the session, all attendees, including volunteers, took a pledge to vote responsibly and encourage others to participate in the electoral process.

Impact of the Activity: The program successfully created awareness about the importance of voting and the responsibility of every citizen in a democratic system. Participants gained practical knowledge about the voting process, which fostered a sense of civic duty and accountability among the volunteers and attendees.

Conclusion:

The Awareness Program on Voting at Kokrajhar Govt. College was a significant step towards promoting responsible citizenship. The dedication and enthusiasm of the 25 NSS volunteers played a crucial role in the success of the event. The program not only educated participants about their voting rights but also encouraged them to contribute actively to nation-building through informed electoral participation.

Photos of Voter Awareness Program “Mera Phela Vote Desh Ke Liye”



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 21st Mental Health Camp

Date : 24th March 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers : 12 NSS Volunteers

Organized by : MITA

On 25th February 2024, twelve NSS volunteers from Kokrajhar Govt. College took part in a Mental Health Camp organized at ANT Campus, Roumari Chapaguri. The camp aimed to provide vital mental health services, assist with healthcare needs, and raise awareness about mental well-being through various activities and interactions with the local community.

Activities Conducted:

1. **Patient Assistance and Guidance:** Volunteers were instrumental in directing and assisting patients, ensuring smooth transitions to their designated service areas and minimizing confusion.
2. **Medicine Receipt Distribution:** Volunteers oversaw the distribution of medicine receipts, ensuring patients received the correct medications promptly.
3. **Interactive Counseling Corner:** A counseling corner was set up where volunteers, in collaboration with healthcare professionals, offered one-on-one support. The discussions focused on managing anxiety, stress relief, and emotional resilience.

Impact of the Activity: The Mental Health Camp significantly contributed to addressing mental health issues and enhancing healthcare accessibility in the community. The dedicated involvement of the NSS volunteers ensured the camp's activities were conducted effectively, resulting in a positive impact on the participants' lives.

Conclusion:

The Mental Health Camp at ANT Campus, Roumari Chapaguri, proved to be an invaluable initiative, promoting mental health awareness and providing necessary healthcare services. The active participation and commitment of the NSS volunteers were crucial to the success of the event, demonstrating their dedication to fostering social change and improving community well-being.

Report on Survey of Youth Not in Formal Education and Regular Employment

Event : Survey of Youth Not in Formal Education and Regular Employment

Date : 11th April, 2024.

Venue : Kakrikhola, Nayekgaon, Kokrajhar.

Objective : To record the status of Youth Not in Formal Education and Regular Employment.

Outcome : 50 NSS Volunteers and the Programme Officer took part in community survey of Youth Not in Formal Education and Regular Employment at Adopted Village of Kokrajhar Govt. College, NSS Unit, Kakrikhola, Nayekgaon, Kokrajhar.

Number of Participants:

- 3. Students : 50**
- 4. Programme Officer : 1**

On 11th April, 2024 the NSS Volunteers and the Programme Officer of the NSS Unit of Kokrajhar Govt. College, Kokrajhar had visited their adopted village Kakrikhola under Kokrajhar District to carry out a Survey on Youth Not in Formal Education and Regular Employment, mainly focusing the age group between 15-29 Years of Age. The survey was conducted in 250 Households including the neighboring villages. The survey was conducted through a 33 Nos. of structured questionnaires. Before the survey was started the NSS volunteers were grouped and sent in different directions to perform the survey.

Out of 250 households surveyed 53 Nos. of Households fall under the criteria where one or more of the family members falls under the age group between 15 – 29 Years of age and he/she is neither in formal education nor in regular employment. In this 53 Nos. of households, there were **66 Nos. of individuals** who falls under the criteria, out of them **32 were Males and 34 were Females**. There were some households where more than one or two members of the family fulfilled the criteria of Youths Not in Formal Education and Regular Employment. A Total of 21.2% of youth in that village and nearby villages falls under this criteria.

The NSS team under the guidance of NSS Programme Officer, Mr. Danswring Basumatary, Conducted the survey successfully by visiting the all households. All the respondents were very cooperative and the volunteers sincerely completed the survey.

Photos of Survey of Youth Not in Formal Education and Regular Employment



Report on “Training Session for Septic Tank Survey”

Event Name : Training Session for Septic Tank Survey

Date : 19th April 2024

Organized By: Kokrajhar Municipal Board (KMB) in collaboration with NSS Unit, Kokrajhar Govt. College, Kokrajhar

Venue : Seminar Hall, Kokrajhar Govt. College, Kokrajhar

Participants : NSS Volunteers of Kokrajhar Govt. College, Kokrajhar

Objective : To equip NSS volunteers with the knowledge and skills required for conducting a septic tank survey as part of community sanitation and public health initiatives.

Details of Activities:

1. Inaugural Session:

- The training session commenced with a welcome address by the Program Officer of the NSS Unit, highlighting the importance of the initiative in promoting community hygiene and sanitation.
- A brief overview of the collaboration between Kokrajhar Municipal Board and NSS Unit was shared.

2. Training by KMB Officials:

- **Session Content:**
 - Overview of septic tank systems and their role in sanitation.
 - Step-by-step process of conducting surveys, including observation, measurement, and data recording.
 - Use of tools and methods for accurate data collection.
 - Discussion on challenges and solutions in surveying septic tanks in different community settings.
- **Interactive Demonstration:**
 - KMB officials conducted a hands-on demonstration to familiarize volunteers with practical aspects of the survey process.
 - Volunteers actively participated, clarifying doubts and practicing survey techniques.

3. Q&A Session:

- An engaging Q&A session followed where volunteers raised queries about technical and operational aspects of septic tank surveys.
- KMB officials provided detailed explanations, ensuring clarity and confidence among the participants.

Impact:

- Volunteers gained practical knowledge and skills to carry out septic tank surveys effectively.
- Enhanced understanding of the importance of proper sanitation infrastructure for public health.
- The session prepared volunteers for real-world community engagement initiatives.

Feedback:

- Volunteers appreciated the hands-on training and interactive approach.
- Kokrajhar Municipal Board officials commended the enthusiasm and attentiveness of the participants.

Conclusion:

The training session was successful in achieving its objectives of preparing NSS volunteers for conducting septic tank surveys. It underscored the importance of community collaboration for improving sanitation standards.



Report on “Septic Tank Survey”

Event Name : Septic Tank Survey

Dates : 20th to 23rd April 2024

Organized By: Kokrajhar Municipal Board (KMB) in collaboration with NSS Unit, Kokrajhar Govt. College, Kokrajhar

Location : Kokrajhar Municipal Area

Participants : 50 NSS Volunteers of Kokrajhar Government College

Objective : To conduct a comprehensive survey of septic tanks in the Kokrajhar area to gather data for improving sanitation infrastructure and public health.

Details of Activities:

1. Survey Organization:

- The survey was led by KMB officials, who provided guidance and oversight throughout the activity.
- Volunteers were divided into 12 groups, each assigned to specific localities within the Kokrajhar area to ensure comprehensive coverage.

2. Survey Execution:

- Volunteers conducted house-to-house surveys to assess the condition, capacity, and maintenance of septic tanks.
- Data collection involved:
 - Basic household information.
 - Dimensions and capacity of septic tanks.
 - Frequency of cleaning and desludging.
 - Observations on potential issues like leaks, overflow, or blockages.
- Volunteers also provided basic awareness to households on proper septic tank maintenance and hygiene practices.

3. Guidance by KMB Officials:

- Officials from Kokrajhar Municipal Board accompanied the groups periodically to ensure accuracy and adherence to survey protocols.
- Volunteers received real-time support and clarifications during the survey process.

4. Data Compilation:

- At the end of each day, groups submitted their findings to the KMB team.
- The collected data was compiled and reviewed for further analysis by KMB officials.

Impact:

- Data from approximately **300+ households** was collected, providing a valuable resource for sanitation planning in the Kokrajhar area.
- Volunteers gained hands-on experience in community engagement and survey methodologies.
- Awareness among local residents about septic tank maintenance and its role in public health was significantly increased.

Feedback:

- Volunteers reported that the activity was educational and rewarding, as it allowed them to contribute directly to the community.
- Residents expressed appreciation for the effort, as it highlighted the importance of sanitation and hygiene.
- Kokrajhar Municipal Board commended the dedication and efficiency of the NSS volunteers.

Conclusion:

The septic tank survey was a well-organized and impactful activity that successfully combined community service with practical learning. The collaboration between KMB and the NSS Unit of Kokrajhar Government College demonstrated the effectiveness of joint efforts in addressing sanitation challenges.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Report on 22nd Mental Health Camp at ANT Campus, Roumari Chapaguri

Date : 28th April 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by : MITA

On 28th April 2024, twelve NSS volunteers from Kokrajhar Govt. College actively participated in a Mental Health Camp held at ANT Campus, Roumari Chapaguri. The camp aimed to provide mental health services, counseling support, and spread awareness about mental well-being among the local community.

Objectives of Participation:

- To assist in the smooth execution of camp activities.
- To support mental health professionals in patient interactions.
- To raise awareness about mental health among participants.

Impact of Participation: The participation of NSS volunteers significantly contributed to the smooth functioning of the camp. Their dedication ensured that patients received timely assistance, counseling sessions were conducted without disruptions, and awareness materials reached the target audience effectively.

Conclusion:

The Mental Health Camp at ANT Campus, Roumari Chapaguri, was a meaningful initiative addressing critical mental health concerns. The active involvement of twelve NSS volunteers from Kokrajhar Govt. College played a pivotal role in the success of the camp, reflecting their commitment to community service and mental health awareness. The experience enriched the volunteers with valuable insights into mental health advocacy and community engagement.

Activity Report on 23rd Mental Health Camp at ANT Campus, Roumari Chapaguri

Date : 28th April 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by : MITA

On 28th April 2024, twelve NSS volunteers from Kokrajhar Govt. College actively participated in a Mental Health Camp held at ANT Campus, Roumari Chapaguri. The camp aimed to provide mental health services, counseling support, and spread awareness about mental well-being among the local community.

Tasks Performed by Volunteers:

1. **Patient Registration and Coordination:** Volunteers managed the patient registration desk, ensuring accurate data entry and guiding participants to their designated consultation areas efficiently.
2. **Assistance in Counseling Sessions:** Volunteers provided logistical support during counseling sessions, helping healthcare professionals by managing patient queues and maintaining a calm and supportive environment.
3. **Awareness and Information Desk:** An information desk was set up where volunteers distributed pamphlets and shared key information about mental health, stress management, and emotional well-being with attendees.

Impact of Participation: The participation of NSS volunteers significantly contributed to the smooth functioning of the camp. Their dedication ensured that patients received timely assistance, counseling sessions were conducted without disruptions, and awareness materials reached the target audience effectively.

Conclusion:

The Mental Health Camp at ANT Campus, Roumari Chapaguri, was a meaningful initiative addressing critical mental health concerns. The active involvement of twelve NSS volunteers from Kokrajhar Govt. College played a pivotal role in the success of the camp, reflecting their commitment to community service and mental health awareness. The experience enriched the volunteers with valuable insights into mental health advocacy and community engagement.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Activity Report on World Environment Day

Date : 5th June 2024

Venue : Proposed Kokrajhar University Site, Harinaguri

Occasion : World Environment Day

Number of Volunteers: 20

Number of Saplings Planted: 100

Organized by : Kokrajhar Govt. College, Kokrajhar

On the occasion of World Environment Day on **5th June 2024**, the NSS Unit of Kokrajhar Govt. College took active part in a **Plantation Drive** organised by Kokrajhar Govt. College, Kokrajhar at the proposed Kokrajhar University Site, Harinaguri. The initiative aimed to promote environmental sustainability, raise awareness about afforestation, and encourage active participation in preserving nature.

Program Highlights:

- The program began with an **inaugural speech by the Principal**, emphasizing the importance of environmental conservation and sustainable practices.
- The **IQAC Coordinator** addressed the volunteers, highlighting the role of youth in creating a greener and healthier planet.

Activities Conducted:

1. **Sapling Plantation:** A total of **100 saplings** of native tree species were planted across designated areas of the campus. Volunteers worked in teams to ensure proper planting and initial care of each sapling.
2. **Awareness Session:** Volunteers engaged in discussions on environmental conservation, the significance of tree planting, and the impact of deforestation on climate change.
3. **Sapling Maintenance Plan:** A plan was devised to monitor and care for the planted saplings, assigning specific volunteers to oversee regular watering and maintenance.

Impact of the Activity: The plantation drive not only contributed to enhancing the green cover of the campus but also instilled a sense of responsibility and environmental consciousness among the volunteers. The event served as a reminder of the collective effort needed to combat environmental challenges.

Conclusion:

The **Plantation Drive** held on World Environment Day was a successful initiative, demonstrating the commitment of NSS volunteers toward environmental conservation. The active participation of **20 volunteers** and the planting of **100 saplings** marked a significant step toward a greener campus. The event fostered environmental stewardship and highlighted the importance of sustainable practices for a better future.



Report on 24th Mental Health Camp at ANT Campus, Roumari Chapaguri

Date : 23rd June 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers : 12

Organized by : MITA

On **23rd June 2024**, twelve NSS volunteers from **Kokrajhar Govt. College** actively participated in a **Mental Health Camp** held at **ANT Campus, Roumari Chapaguri**. The camp aimed to address mental health challenges in the community by offering counseling services, raising awareness, and promoting emotional well-being among participants.

Key Activities Performed by Volunteers:

1. **Patient Registration and Coordination:** Volunteers managed the registration process, guiding patients to designated consultation areas and ensuring smooth coordination.
2. **Counseling Support:** Volunteers assisted mental health professionals during counseling sessions, creating a safe and supportive environment for participants.
3. **Awareness Campaign:** Volunteers engaged with attendees to distribute informational pamphlets and participated in interactive discussions on mental health awareness.

Impact of the Camp: The camp successfully created a platform for open discussions about mental health, helping individuals access professional support and guidance. The active participation of NSS volunteers ensured efficient coordination, making the camp a seamless and impactful experience for all attendees.

Conclusion: The **Mental Health Camp** at ANT Campus, Roumari Chapaguri, on **23rd June 2024**, was a significant initiative in addressing mental health challenges. The involvement of **12 NSS volunteers** played a crucial role in achieving the objectives of the camp, demonstrating their dedication to community well-being and social responsibility. The camp not only provided valuable services to the community but also enriched volunteers with practical experience in social service and mental health advocacy.

NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on “Participation at 78th Independence Day Celebration Parade”

Event Name : “Participation at 78th Independence Day Celebration Parade”

Date : 15th August 2024

Organized By: District Administration, Kokrajhar

Venue : H.S. Field, Kokrajhar

Participants : 35 NSS Volunteers of Kokrajhar Government College

Chief Guest: Sjt. Pramod Boro, Hon'ble Chief Executive Member of Bodoland Territorial Region (BTR).

Objective: To commemorate India's Independence Day with pride and patriotism by participating in the ceremonial parade and representing Kokrajhar Government College with discipline and honor.

Details of Activities:

1. Parade Participation:

- On 15th August, the volunteers assembled at H.S. Field, dressed in NSS uniforms, and participated in the Independence Day parade.
- Their disciplined marching and coordinated movements stood out, earning praise from the spectators and dignitaries.
- The NSS contingent represented Kokrajhar Government College with pride and commitment.

Impact:

- The participation instilled a strong sense of patriotism, discipline, and teamwork among the NSS volunteers.
- Volunteers had the opportunity to represent their college in a prestigious public event, enhancing their sense of responsibility and civic engagement.
- The presence of the Hon'ble Chief Executive Member of BTR inspired the participants and reinforced the importance of youth participation in community and national activities.

Conclusion:

The NSS Unit of Kokrajhar Government College successfully participated in the Independence Day parade, making a meaningful contribution to the celebrations. Their disciplined

performance and enthusiastic involvement highlighted their commitment to the ideals of service and patriotism.



Report on 25th Mental Health Camp at ANT Campus, Roumari Chapaguri

Date : 25th August 2024

Venue : ANT Campus, Roumari Chapaguri

Number of Volunteers : 12

Organized by : MITA

On **25th August 2024**, twelve **NSS volunteers** from **Kokrajhar Govt. College** actively participated in a **Mental Health Camp** organized at **ANT Campus, Roumari Chapaguri**. The primary objective of the camp was to address mental health concerns by offering professional counseling services, raising awareness, and promoting emotional well-being within the local community.

Objectives of the Camp:

- To provide **mental health counseling and support** to individuals requiring assistance.
- To **spread awareness** about mental health issues, reducing stigma and misconceptions associated with them.
- To encourage **emotional resilience** and equip participants with effective stress management techniques.

Impact of the Camp:

The camp successfully served as a platform for addressing mental health concerns, facilitating open dialogue, and connecting individuals with professional support. The proactive involvement of **NSS volunteers** ensured seamless coordination, contributing significantly to the overall success and effectiveness of the camp.

Conclusion:

The **Mental Health Camp** held on **25th August 2024** at **ANT Campus, Roumari Chapaguri**, proved to be a valuable initiative in addressing mental health challenges. The dedicated participation of **12 NSS volunteers** played a vital role in achieving the camp's objectives, showcasing their commitment to community welfare and social responsibility. Beyond benefiting the community, the camp also provided volunteers with practical experience and valuable insights into mental health advocacy and community service.

NSS Unit Kokrajhar Govt. College, Kokrajhar

Activity Report participation at AIDS Awareness Program

Date : 29th August 2024

Venue : Seminar Hall, Kokrajhar Govt. College

Time : 10:00 AM to 3:00 PM (5 hours)

Number of Volunteers: 30

Organized by : Kokrajhar Govt. College in collaboration with District AIDS Control Office

Supported by: Assam State AIDS Control Society

On **29th August 2024**, an **AIDS Awareness Program** was organized at the **Seminar Hall of Kokrajhar Govt. College** in collaboration with the **District AIDS Control Office** and supported by the **Assam State AIDS Control Society**. The primary objective of the program was to raise awareness about **HIV/AIDS**, its prevention, misconceptions, and available healthcare facilities.

Objectives of the Program:

- To educate participants about **HIV/AIDS transmission, prevention, and treatment**.
- To address **stigma and misconceptions** surrounding HIV/AIDS.
- To encourage individuals to adopt **safe practices and seek timely medical assistance**.

Program Overview: The program commenced with an **inaugural session**, where speakers from the **District AIDS Control Office**. Awareness sessions, interactive activities, and informational discussions were conducted throughout the day.

Impact of the Program: The **AIDS Awareness Program** successfully educated participants on the importance of early detection, prevention methods, and the need to eliminate stigma surrounding HIV/AIDS. Volunteers played a key role in ensuring smooth coordination and active engagement of attendees.

Conclusion: The **AIDS Awareness Program** held on **29th August 2024** at **Kokrajhar Govt. College Seminar Hall** was a significant step toward spreading awareness about HIV/AIDS. The active participation of **30 NSS volunteers** ensured the program's success, reflecting their dedication to community service and public health education. The event created a positive impact by empowering participants with knowledge and encouraging proactive health practices.



NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on “Webinar on World Suicide Prevention Day”

Event Name : Webinar on World Suicide Prevention Day

Date : 11th September 2024

Organized By : GHS, Ministry of Health and family Welfare, GOI

Venue : Seminar Hall, Kokrajhar Govt. College, Kokrajhar

Participants : 30 NSS Volunteers

Objective: To raise awareness about mental health and suicide prevention, and to provide valuable insights into coping mechanisms, available resources, and the importance of social support in mental well-being.

Details of Activities:

1. Webinar Overview:

- The webinar was held on the occasion of World Suicide Prevention Day, aiming to spread awareness and educate individuals about the signs, causes, and preventive measures related to suicide.
- The program was conducted online, and NSS volunteers attended it via a live web session, which was streamed in the Seminar Hall of Kokrajhar Government College.

2. Topics Covered:

- The webinar featured renowned experts in mental health and suicide prevention who spoke on various aspects of the issue, including:
 - Recognizing warning signs of suicide.
 - Psychological support and coping mechanisms for those in distress.
 - The importance of early intervention and community support.
 - Resources available for suicide prevention and mental health care.
- The experts also discussed the role of youth, family, and society in supporting mental health and promoting a suicide-free environment.

3. Interactive Session:

- Following the presentation, an interactive session was held where volunteers had the opportunity to ask questions and seek clarification on various aspects of suicide prevention.
- The session also allowed volunteers to share their perspectives and thoughts on how they could contribute to preventing suicides in their communities.

4. Key Takeaways:

- Volunteers learned about the vital role they can play in spreading awareness about mental health issues and supporting individuals who might be struggling.

- Emphasis was placed on how simple gestures of kindness, active listening, and directing individuals to appropriate resources can make a significant difference.

Impact:

- The event provided NSS volunteers with deeper knowledge about mental health issues and equipped them with the tools to recognize signs of distress in others.
- Volunteers gained a sense of responsibility towards their peers and communities, understanding the importance of mental health awareness and supportive environments.

Feedback:

- Volunteers expressed that the webinar was insightful and informative, helping them understand the significance of mental health and the need for compassionate, non-judgmental conversations around suicide prevention.
- The seminar was appreciated for its practical advice on how to identify those in need of help and the appropriate steps to take.

Conclusion:

The NSS Unit of Kokrajhar Government College successfully attended the World Suicide Prevention Day webinar, gaining valuable knowledge on how to contribute to suicide prevention efforts. The event highlighted the importance of mental health awareness and community support in creating a safer, more empathetic society.

NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on NSS Day cum Orientation Programme

Event Name : NSS Day Celebration Cum Orientation Day

Date : 24th September 2024

Organized By : NSS Unit, Kokrajhar Govt. College

Venue : Seminar Hall, Kokrajhar Govt. College

Participants : 70 NSS Volunteers

Objective : To celebrate NSS Day, acknowledge the contributions of NSS volunteers, and orient new volunteers about the goals, values, and activities of the NSS unit.

Details of Activities:

1. Inaugural Session:

- The event began with the lighting of the lamp and a welcome address by the Program Officer of the NSS Unit, Kokrajhar Government College.
- The Program Officer introduced the significance of NSS Day, its vision, and its role in fostering social responsibility among students.

2. Speech on the Importance of NSS:

- A special speech was delivered by a senior faculty member, highlighting the mission of NSS and its contributions to society through various community service programs.
- The speaker emphasized the values of volunteerism, leadership, and community engagement in shaping the future of youth.

3. Orientation for New Volunteers:

- The orientation session aimed to familiarize new recruits with the NSS's purpose, activities, and code of conduct.
- Key topics included:
 - The history and objectives of NSS.
 - Ongoing and upcoming projects for the academic year.
 - Expected responsibilities of volunteers and the impact of their involvement.
- A detailed discussion was held on the importance of selfless service and the benefits of engaging in social initiatives.

4. Interactive Session and Experience Sharing:

- Senior NSS volunteers shared their experiences and insights on how they benefited from participating in NSS activities.
- Volunteers discussed how NSS has helped them develop leadership, teamwork, and problem-solving skills while serving the community.

5. Cultural Program:

- To mark the occasion, a cultural program was organized where volunteers performed songs and skits, showcasing the spirit of NSS and volunteerism.
- The performances celebrated social causes and conveyed positive messages to inspire fellow students to join and participate actively in NSS.

Impact:

- The orientation provided new volunteers with a clear understanding of their roles and responsibilities in NSS.
- It encouraged students to engage in community service and fostered a sense of social responsibility.
- The event helped strengthen the NSS Unit's bonds and motivated students to actively participate in various initiatives.

Feedback:

- New volunteers expressed excitement and enthusiasm about joining NSS and contributing to the community.
- Senior volunteers appreciated the event's efforts to build awareness about NSS and to inspire younger students.

Conclusion:

The NSS Day celebration and orientation day were a success in promoting the ideals of volunteerism, community service, and youth empowerment. The event marked the beginning of another year of impactful service, with new volunteers ready to contribute to meaningful initiatives.



Activity Report: Swachhata Hi Seva Campaign

Period: September 25 - October 2, 2024

Objective:

The primary objective of the ***Swachhata Hi Seva*** campaign was to involve the community, students, and volunteers in cleanliness activities aimed at promoting waste management and sanitation across various locations. The campaign emphasized waste segregation, the reduction of plastic waste, and the importance of maintaining a clean environment.

Day-wise Activities and Outcomes:

Day 1: September 25, 2024 - Cleanliness Drive at College Campus

- **Location:** College Campus
- **Activity:** Cleanliness drive involving the collection of disposable and plastic waste.
- **Waste Collected:**
 - Disposable Waste: 37 kg
 - Plastic Waste: 5.3 kg
- **Total Volunteers:** 46
- **Outcome:** The event successfully cleared a significant amount of waste from the college campus, and the volunteers were motivated to continue participating in further cleanliness activities.

Day 2: September 26, 2024 - Cleanliness Drive at Railway Station

- **Location:** Railway Station
- **Activity:** A cleanliness drive was organized at the local railway station.
- **Waste Collected:**
 - Disposable Waste: 39 kg
 - Plastic Waste: 5.6 kg
- **Total Volunteers:** 41
- **Outcome:** The cleanliness drive helped improve the station's overall environment, with an increased awareness about proper waste disposal among passengers and staff.

Day 3: September 27, 2024 - Cleanliness Drive at RNB Hospital

- **Location:** RNB Hospital
- **Activity:** The NSS volunteers conducted a cleanliness drive at the hospital, focusing on the collection of waste around the premises.
- **Waste Collected:**
 - Disposable Waste: 35 kg

- Plastic Waste: 4.3 kg
- **Total Volunteers:** 32
- **Outcome:** The drive helped clean key areas around the hospital, ensuring a hygienic environment for both patients and staff.

Day 4: September 28, 2024 - Cleanliness Drive at Daily Market

- **Location:** Daily Market
- **Activity:** Volunteers focused on cleaning the local market area, which accumulates a large amount of waste daily.
- **Waste Collected:**
 - Disposable Waste: 50 kg
 - Plastic Waste: 6 kg
- **Total Volunteers:** 38
- **Outcome:** The market area was cleaned efficiently, and local shopkeepers expressed their appreciation for the effort. Volunteers also educated the vendors about waste segregation.

Day 5: September 30, 2024 - Cleanliness Drive at Baganshali Area

- **Location:** Baganshali Area
- **Activity:** A cleanliness drive was held in the residential area, targeting waste from streets and public spaces.
- **Waste Collected:**
 - Disposable Waste: 50 kg
 - Plastic Waste: 7 kg
- **Total Volunteers:** 33
- **Outcome:** The drive helped reduce the overall waste in the area, and residents were encouraged to take up the cause of cleanliness.

Day 6: October 1, 2024 - Cleanliness Drive at College Campus

- **Location:** College Campus (Second Drive)
- **Activity:** A second round of cleanliness activity at the college campus, aiming to maintain the cleanliness achieved earlier.
- **Waste Collected:**
 - Disposable Waste: 40 kg
 - Plastic Waste: 5 kg
- **Total Volunteers:** 49
- **Outcome:** The drive maintained the cleanliness of the campus, and the increased number of volunteers helped cover more areas. There was a noticeable reduction in waste in high-traffic areas of the campus.

Day 7: October 2, 2024 - Cleanliness Drive at Boys Hostel

- **Location:** Boys Hostel
- **Activity:** The final drive of the campaign focused on the hostel area, cleaning the surroundings and raising awareness about cleanliness among hostel residents.
- **Waste Collected:**
 - Disposable Waste: 30 kg
 - Plastic Waste: 7 kg
- **Total Volunteers:** 41
- **Outcome:** The drive led to a cleaner hostel environment and motivated students to keep their surroundings clean. Awareness about waste segregation and disposal was spread among the hostel residents.

Summary of Waste Collected Over 7 Days:

Day	Location	Disposable Waste (kg)	Plastic Waste (kg)	Total Volunteers
Day 1	College Campus	37	5.3	46
Day 2	Railway Station	39	5.6	41
Day 3	RNB Hospital	35	4.3	32
Day 4	Daily Market	50	6	38
Day 5	Baganshali Area	50	7	33
Day 6	College Campus (2nd Drive)	40	5	49
Day 7	Boys Hostel	30	7	41
Total	-	281 kg	40.2 kg	

Outcomes and Impact:

- **Waste Management:** A total of 281 kg of disposable waste and 40.2 kg of plastic waste were collected across various locations.
- **Community Engagement:** The campaign involved over 280 volunteers, and the active participation of students, staff, and local community members contributed to a cleaner environment.
- **Awareness:** Awareness about proper waste segregation, plastic reduction, and the importance of maintaining cleanliness was spread across all locations.

Challenges:

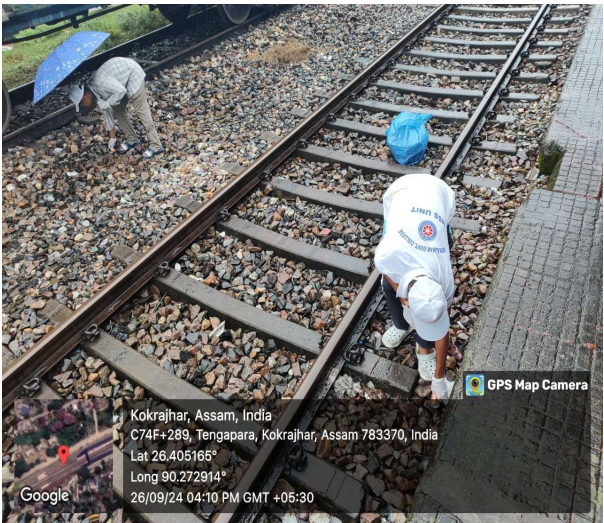
- **Engagement from Local Residents:** In some areas, particularly at the market and residential areas, it was initially challenging to engage all residents in keeping their surroundings clean. However, continuous efforts and educational sessions helped address this issue.

PHOTOGRAPHS DATE WISE:

DAY 1: 25 September 2024



DAY 2: 26 September 2024



DAY 4: 28 September 2024



DAY 5: 30 September



DAY 7: 1 October



DAY 7: 2 October



Report on Participation in Mental Health Camp at ANT Campus, Roumari Chapaguri

Date: 29th September 2024

Venue: ANT Campus, Roumari Chapaguri

Number of Volunteers: 12

Organized by: MITA

On **29th September 2024**, twelve NSS volunteers from **Kokrajhar Govt. College** actively participated in a *Mental Health Camp* organized at **ANT Campus, Roumari Chapaguri**. The primary objective of the camp was to address mental health challenges by providing professional counseling services, raising awareness, and fostering emotional well-being among community members.

1. Patient Registration and Assistance: Volunteers efficiently managed the registration desk, ensuring attendees were guided to their designated consultation areas. They played a key role in maintaining smooth coordination and organization throughout the camp.

2. Support in Counseling Sessions: Volunteers collaborated with mental health professionals, offering logistical assistance during group and individual counseling sessions. They helped create a welcoming and safe environment for participants to share their concerns comfortably.

3. Awareness and Outreach: Informational pamphlets on mental health awareness, stress management, and emotional well-being were actively distributed by volunteers. Volunteers participated in interactive sessions to educate attendees on mental health practices and self-care strategies.

Impact of the Camp: The camp successfully created a platform for addressing mental health concerns, enabling open discussions, and connecting individuals with professional counseling services. The dedicated involvement of NSS volunteers ensured smooth operations, effective outreach, and a supportive environment, significantly contributing to the camp's overall success.

Conclusion: The *Mental Health Camp* held on **29th September 2024** at **ANT Campus, Roumari Chapaguri**, was a significant initiative in addressing mental health challenges within the community. The active participation of **12 NSS volunteers** played a crucial role in achieving the camp's objectives, demonstrating their commitment to social welfare and community service. Additionally, the camp provided volunteers with valuable hands-on experience in mental health advocacy and enhanced their understanding of community engagement.

Report on Participation in Mental Health Camp at ANT Campus, Roumari Chapaguri

Date : 27th October 2024

Venue : ANT Campus, Roumari, Chaphaguri

Number of Volunteers: 13

Organized by : MITA

Objective of the Camp:

The *Mental Health Camp* aimed to address pressing mental health concerns, spread awareness, and provide professional counseling services to participants. The primary objectives included:

- Offering professional counseling and emotional support to individuals facing mental health challenges.
- Raising awareness about mental health, stress management, and emotional resilience.
- Promoting open conversations around mental health to reduce stigma and misconceptions.

Impact of the Camp:

- The camp provided a platform for individuals to openly discuss their mental health concerns and access professional counseling.
- Participants gained valuable insights into managing stress and maintaining emotional well-being.
- The volunteers' active participation ensured the seamless execution of tasks and created a welcoming atmosphere for all attendees.

Conclusion:

The *Mental Health Camp* held on **27th October 2024** at **ANT Campus, Roumari, Chaphaguri** was a significant step toward addressing mental health challenges and spreading awareness in the community. The active involvement of **13 NSS volunteers** played a vital role in achieving the camp's objectives. Through their dedication and teamwork, they not only supported the smooth functioning of the camp but also gained valuable knowledge and experience in mental health advocacy and community service.

NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on observation of Rashtriya Ekkta Diwas

Event Name : Rashtriya Ekta Divas

Date : 31st October 2024

Organized By : NSS Unit, Kokrajhar Govt. College

Venue : M.M. Brahma Hall, Kokrajhar Govt. College

Participants : 97 students, including NSS volunteers

Objective:

To celebrate Rashtriya Ekta Divas (National Unity Day) and promote the message of unity, integrity, and national solidarity among students. The day commemorates the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India, who played a pivotal role in the integration of India.

Details of Activities:

1. Pledge of Unity:

- A collective **Rashtriya Ekta Divas Pledge** was taken by all the participants and its was of four different languages . The pledge reinforced the commitment to preserve the unity, integrity, and security of the nation.
- The pledge was led by the NSS Volunteer's

2. Speech on the Importance of Unity:

- A speech was delivered by a senior faculty member, focusing on Sardar Vallabhbhai Patel's contributions to India's unity and the need for every citizen to contribute towards preserving national integrity.
- The speaker also discussed the relevance of unity in today's diverse and multicultural society.

Conclusion:

The Rashtriya Ekta Divas celebration was successfully organized by the NSS Unit of Kokrajhar Government College. The event brought together 97 students, including NSS volunteers, to commemorate the legacy of Sardar Vallabhbhai Patel and reinforce the significance of unity and integrity in India.



NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on "My Bharat Portal" Outreach Programme:

Event Name : Outreach Programme on "My Bharat Portal"

Date : 2nd November 2024

Organized By : NSS Unit, Kokrajhar Government College

Venue : Seminar Hall, Kokrajhar Government College

Participants : 101 students, including NSS volunteers

Lead by : Rahabi Hazowary, Ambassador of "My Bharat"

Objective: To introduce students to the "My Bharat Portal," a digital platform designed to engage youth in nation-building activities, and to encourage active participation in various programs and initiatives offered through the portal.

Details of Activities:

1. Inaugural Session:

- The program commenced with a welcome speech by the NSS Program Officer, highlighting the significance of the "My Bharat Portal" and its role in empowering youth to contribute to national development.
- The Program Officer thanked Rahabi Hazowary, Ambassador of "My Bharat," for leading the session and inspiring the students.

2. Introduction to My Bharat Portal:

- Rahabi Hazowary provided a detailed introduction to the portal, explaining its objectives, features, and how students could benefit from it.
- Key aspects covered included:
 - Registration process on the portal.
 - Various volunteering opportunities available.
 - Skill development programs and workshops hosted on the platform.
 - Platforms for connecting with like-minded youth and professionals.

3. Interactive Demonstration:

- A live demonstration of the portal was conducted to guide students on how to navigate and use its features effectively.
- The step-by-step walkthrough included creating profiles, exploring opportunities, and participating in ongoing projects.

4. Engagement and Q&A Session:

- Students actively engaged in the session, asking questions about specific features and opportunities on the portal.
- Rahabi Hazowary addressed their queries and shared personal experiences as an Ambassador, motivating students to take advantage of the platform.

5. Motivational Address:

- Rahabi Hazowary concluded the session with a motivational speech, emphasizing the importance of youth involvement in creating a self-reliant and prosperous India.
- She encouraged students to utilize the platform to build skills, connect with peers, and contribute to social change.

Feedback:

- Participants found the session informative and engaging, appreciating the practical demonstration of the portal.
- They expressed gratitude to Rahabi Hazowary for her guidance and motivation.

Conclusion:

The outreach program on "My Bharat Portal" was a resounding success, with active participation from 101 students. The event equipped students with the knowledge and tools to engage with the portal, fostering a sense of responsibility and involvement in nation-building activities.



NSS Unit, Kokrajhar Govt. College, Kokrajhar

Report on observation of World AIDS Day 2024

Date : 1st December 2024

Venue : Seminar Hall, Kokrajhar Government College, Kokrajhar

Organized by: Anti-Drugs Cell, Kokrajhar Government College

In Collaboration with: Red Ribbon Club and NSS Unit, Kokrajhar Government College

Participants: 75 students

Objective: To raise awareness about HIV/AIDS, its prevention, and the importance of solidarity and support for individuals living with HIV. The event aimed to educate students about the role they can play in combating the stigma surrounding HIV/AIDS and promoting a drug-free lifestyle.

Program Overview:

1. **Inauguration:** The program commenced at 10:00 AM with an inaugural address by Dr. Dimacha D mwchahary, Principal of Kokrajhar Government College. In the welcome speech, the Principal highlighted the significance of World AIDS Day and emphasized the college's commitment to social causes like HIV awareness and drug prevention.
2. **Guest Speakers:**
 - **Dr. Daizy Brahma, Assistant Professor, Department of ENT, Kokrajhar Medical College & Hospital:** Delivered an insightful talk on the medical aspects of HIV/AIDS, including its transmission, prevention, and available treatments. She also spoke about the societal impact of HIV/AIDS and strategies to combat stigma and discrimination.
3. **Awareness Activities:**
 - A PowerPoint presentation titled "HIV/AIDS: Myths and Facts" by the Red Ribbon Club.
 - Screening of a short documentary on the global and local impact of HIV/AIDS.
4. **Interactive Session:** An engaging Q&A session was conducted, where students posed questions to the panel of experts. Topics ranged from the latest advancements in HIV treatment to practical ways of promoting awareness among peers.
5. **Pledge Ceremony:** Participants collectively took a pledge to promote awareness, fight stigma, and lead a drug-free life.
6. **Vote of Thanks:** The event concluded with a vote of thanks by the Coordinator of the Anti-Drugs Cell, expressing gratitude to all collaborators, speakers, and participants for their active involvement.

Outcomes:

- Increased awareness among students about HIV/AIDS, its prevention, and the importance of empathy towards affected individuals.
- Strengthened collaboration between the Anti-Drugs Cell, Red Ribbon Club, and NSS Unit in promoting social causes.
- Empowered students to take active roles as peer educators in spreading HIV/AIDS awareness.

Feedback: Participants provided positive feedback, appreciating the informative sessions and interactive activities. Suggestions were made to organize more frequent workshops and field activities related to health awareness.

Conclusion: The World AIDS Day 2024 program successfully achieved its objectives, fostering a culture of awareness and compassion among students. The Anti-Drugs Cell, along with its collaborators, is committed to continuing efforts in addressing pressing social issues and promoting a healthy, informed community.



NSS Unit Kokrajhar Govt. College, Kokrajhar

Activity Report on Saafai Abhijan and Seminar

Date: 14th December 2024

Occasion: 4 Years Completion of BTR

Organized by: Kokrajhar Government College, NSS Unit

Event Title: Saafai Abhijan and Seminar on *"My Bodoland - Peace Bodoland"*

Overview of the Event: On the occasion of the 4th Anniversary of the Bodoland Territorial Region (BTR) Government, Kokrajhar Government College NSS Unit organized a cleanliness drive (*Saafai Abhijan*) and a seminar titled *"My Bodoland - Peace Bodoland"* on 14th December 2024. The program aimed to promote cleanliness, environmental awareness, and the vision of a peaceful and progressive Bodoland.

Participation:

- **NSS Volunteers:** 100
- **Students:** 57

Saafai Abhijan (Cleanliness Drive): The cleanliness drive commenced at 8:00 AM within the college campus. NSS volunteers and students actively participated in cleaning classrooms, corridors, playgrounds, and garden areas. Awareness slogans and banners emphasizing cleanliness and hygiene were displayed throughout the campus. The drive emphasized the importance of maintaining a clean and green environment for a healthier community.

Seminar on 'My Bodoland - Peace Bodoland': Following the cleanliness drive, a seminar was held in the college auditorium at 11:00 AM. The seminar was lead by Dr. Bimal Kanti Basumatary. The seminar focused on the vision, achievements, and future goals of the Bodoland Territorial Region. Eminent speakers highlighted the role of education, peace, and youth participation in building a prosperous Bodoland.

Outcomes of the Event: Enhanced awareness about cleanliness and hygiene. Increased understanding of the role of youth in regional development. Motivation among participants to actively contribute to society.

Conclusion: The event concluded successfully with enthusiastic participation from NSS volunteers and students. The program not only fostered a sense of responsibility towards cleanliness but also strengthened the vision of peace and development in Bodoland. The NSS Unit of Kokrajhar Government College remains committed to organizing such impactful initiatives in the future.

