



OFFICE OF THE
REGISTRAR

ক'ক্ৰাজ্জাৰ মুলুগসোলোঁসালি
KOKRAJHAR UNIVERSITY

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No. KU/12/Notice/2025/

Date: 17-12-2025.

NOTICE

(Lecture Programme on “Stress & Emotional Well-being: Practical Techniques to Manage Stress and Inner Peace”)

It is hereby informed to all members of teaching staff and students of Kokrajhar University that a **Lecture Programme on “Stress & Emotional Well-being: Practical Techniques to Manage Stress and Inner Peace”** is going to be held on **18th of December, 2025 at 10:30 AM** in the **MMB Auditorium Hall** of Kokrajhar University organized by the Department of Education and Department Philosophy in collaboration with Internal Quality Assurance Cell, Kokrajhar University.

Therefore, in this regard, all teaching staff and students of Kokrajhar University are requested to participate in the afore mentioned programme as per scheduled date and time.

Further, all Heads of Academic Departments are requested to send their respective students to participate in the afore mentioned programme.

Registrar
Kokrajhar University
Kokrajhar
Date: 17-12-2025.

Memo No. KU/12/Notice/2025/ - (A)

Copy for information to:

1. P.S to the Hon'ble Vice-Chancellor, Kokrajhar University.
2. The Academic Registrar (i/c), Kokrajhar University.
3. The Dean of Students' Welfare (i/c), Kokrajhar University.
4. The Controller of Examinations (i/c), Kokrajhar University.
5. All Heads of Academic Departments, Kokrajhar University. All departments are requested to send their respective students to participate in the programme.
6. The Media In-charge, Kokrajhar University for publishing in the Website.
7. Notice Board.
8. Office guard file.


Registrar
Kokrajhar University
Kokrajhar
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Kokrajhar


17-12-25